

FSD2247 POHJOISMAISET PERHEHAASTATTELUT 1996: ENGLANNINKIELISET YHTEENVEDOT

FSD2247 NORDIC FAMILY INTERVIEWS 1996: ENGLISH SUMMARIES

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Summary of Aili's interview

Everyday life

Morning shifts, from nine to two or three

When she is on morning shift, she wakes up at quarter to seven, makes herself coffee and makes the breakfast for the children. The children leave for school at half past seven, and her husband and the dog continue sleeping. When he wakes up, he puts things straight at home. Aili goes to work by walking, cycling or by bus, and her working day begins at nine. Her journey to work is less than five kilometres. She comes home at about two or three, sometimes she may come later if she works overtime.

After coming home she prepares food, bakes, washes the laundry, and takes the dog for a walk. After that she spends time at home, doing household chores and checking the children's homework. At half past eight she goes walking with the dog again. She gets sleepy towards evening, and in wintertime she and the children go to bed at nine; at latest she stays awake until half past ten. The children need enough sleep, and so does she. Her husband comes from work at about half past ten if he is on evening shift. If the car has been in her use, she collects her husband from work.

Evening shifts, from one to eight

When Aili is on evening shift, her husband wakes up first and goes for work for half past six. She wakes up at quarter to seven even when she is on evening shift, makes coffee and prepares the breakfast for the children. After the children leave for school, she cleans their home, takes the dog for a walk and does the shopping. Then she may bake, wash the laundry, clean, make a snack for the children and prepare the evening meal as ready as possible. Her husband may still cook potatoes. Sometimes she takes time for herself and reads magazines or a relaxing book before leaving for work. She usually goes for work for one o'clock, sometimes for three.

She leaves a message on the door, saying what she has done, what has to be done, what the others should eat, and when she is coming home.

Sometimes both of the parents are on evening shift simultaneously, and then one of them can sleep later in the morning. If she can sleep later, her husband makes the breakfast for the children. She says that she is usually an early riser, though.

Aili comes home at half past eight in the evening, and often she brings the groceries with her from the shop where she works. They drink evening coffee, and she and her husband eat something. In wintertime the children have usually eaten by that time, and they are asleep. On many evenings she does not see them at all so that they would be awake. She and her husband discuss, and actually they never stay awake late. In winter they go to bed at nine even on Saturday evenings, after having a sauna bath.