

**FSD2550**

**Tampere Health and Social Survey 2008**

Codebook



FINNISH SOCIAL SCIENCE DATA ARCHIVE

**The bibliographic citation for this codebook:**

Tampere Health and Social Survey 2008 [codebook]. Finnish Social Science Data Archive [producer and distributor], 2018.

This codebook has been generated from the version 1 (9.11.2010) of the data.

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# To the reader

This codebook is part of the data FSD2550 archived at the FSD (Finnish Social Science Data Archive). The dataset has been described in as much detail as possible in Finnish and English. Variable frequencies, variable and value labels, and missing values have been checked. If necessary, the data have been anonymised. The data and its creators shall be cited in all publications and presentations for which the data have been used. The bibliographic citation may be in the form suggested by the archive or in the form required by the publication. The bibliographic citation suggested by the archive:

Luoto, Riitta (UKK Institute) & Paronen, Olavi (UKK Institute) & Vuori, Mika (City of Tampere): Tampere Health and Social Survey 2008 [dataset]. Version 1 (2010-11-09). Finnish Social Science Data Archive [distributor]. <http://urn.fi/urn:nbn:fi:fsd:T-FSD2550>

The user shall notify the archive of all publications where she or he has used the data. The original data creators and the archive bear no responsibility for any results or interpretations arising from the reuse of the data.

The codebook contains information on data content, structure and data collection, and includes a list of publications wholly or in part based on the data, according to publication information received by the FSD. The second part of the codebook contains information on variables: question texts, response options, and frequencies. The third part contains indexes.

Variable distributions presented in this codebook have been generated from the SPSS files. Distribution tables present variable values, frequencies (n), frequency percentages (%), and valid percentages (v. %) which take into account missing data. All distributions are unweighted. If the data contain weight variables, these will be found at the end of the variables list. In some cases frequency distributions have been substituted by descriptive statistics. Categorised responses to open-ended questions are not always included in the codebook. Distributions may contain missing data. The note "System missing (SYSMIS)" refers to missing observations (e.g. a respondent has not answered all questions) whereas "Missing (User missing)" refers to data the user has defined as missing. For example, the user may decide to code answer alternatives 'don't want to say' or 'can't say' as missing data.

The codebook may contain attached files, the most common one being the questionnaire.



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# Chapter 1

## Study description

### 1.1 Titles

**Titles and data version:** Tampere Health and Social Survey 2008

**Titles and data version in Finnish:** Tampereen terveysterveys- ja sosiaalitutkimus 2008

This codebook has been generated from the version 1 (9.11.2010) of the data.

### 1.2 Subject description

#### Authoring entity

Luoto, Riitta (UKK Institute)

Paronen, Olavi (UKK Institute)

Vuori, Mika (City of Tampere)

Juurinen, Päivi (City of Tampere. Development Unit for Welfare Services)

Kuusilinna, Pirjo (City of Tampere. Development Unit for Welfare Services)

Lapinleimu, Ismo (UKK Institute)

Lehtomäki, Erkki (City of Tampere)

#### Copyright statement for the data

According to the agreement between FSD and the depositor.

#### Depositor

Vasankari, Tommi (UKK Institute)

### **Date of deposit**

31.5.2010

### **Keywords**

ability evaluation; drinking behaviour; exercise; health; health services; neighbourhoods; physical mobility; safety and security; sleep; social services; social support

### **Topic Classification**

**Fields of Science Classification:** medical and health sciences; social sciences

**CESSDA Classification:** general health and well-being; health behaviour; health care services and policies; signs and symptoms; pathological conditions; social welfare policy; specific social services: use and availability

### **Series description**

The data belong to the series:

Tampere Health and Social Surveys

The Department of Social Services and Health Care in the City of Tampere and the UKK Institute launched this joint research project in 1990. Tampere Health and Social Surveys cover the health of the citizens in Tampere and the use of social and health services. The surveys were carried out in a relatively similar manner every three years from 1990 to 2008. The archive contains the surveys from 1996 onwards. Most of the questions are repeated in all surveys, which allows the datasets to be compared over time.

### **Abstract**

The survey charted the general health, functional ability, and need for help of people living in the city of Tampere (Finland). Other main themes included living habits, use of social and health services, safety and security, and neighbourhood. Tampere Health and Social Surveys have been conducted every third year starting from the year 1990.

The respondents' state of health was charted with questions relating to their general health, symptoms, disabilities and illnesses, mental problems or symptoms, limitations posed by their illnesses or disabilities, and their ability to perform daily activities.

Living habits were explored by asking the respondents about their exercise, sleeping, eating and drinking habits. The survey also investigated whether the respondents needed help and for what (e.g. for shopping or for washing themselves), from whom they had received help, and whether they themselves regularly helped someone else. Use of and satisfaction with various health and social services was charted.



One topic pertained to safety and security. The respondents were asked to what extent certain factors caused them concern or feelings of insecurity. The factors mentioned included, for instance, own health, fear of violence, access to health and social services, loneliness, climate change. Their satisfaction with life in general was also surveyed.

Some questions focused on perceptions of neighbourhood. Questions covered duration of residence in the neighbourhood and evaluation of different aspects of the neighbourhood, for instance, public transport, safety, access to services, attractiveness. The respondents were asked whether they were afraid to go out in the evening alone and whether they had been subjected to violence or threats.

Background variables included the respondent's gender, age, household composition, number of children living at home, highest level of education, economic activity and occupational status, if unemployed, duration of unemployment, type of employment contract, and the service unit area where R lived.

## 1.3 Structure and collection of the data

**Country:** Finland

**Geographic coverage:** Finland, Tampere

**Analysis or observation unit type:** Individual

**Universe:** People aged 15 or over living in Tampere in January 2008, excluding people living in institutions

**Collection date:** January 2008 – February 2008

**Data collector(s):** Innolink Research; UKK Institute

**Data producer(s):** City of Tampere; UKK Institute

**Mode of data collection:** Self-administered questionnaire: Paper, Self-administered questionnaire: Web-based (CAWI)

**Type of research instrument:** Structured questionnaire

**Time period covered:** 2007 – 2008

**Time method of the data collection:** Longitudinal: Trend/Repeated cross-section

**Response rate:** 61%

**Number of variables and cases:** The data contain 178 variables and 3500 cases.

**Sampling procedure:** Probability: Simple random

The sample of 3500 persons was randomly drawn from the population register of Tampere, including people aged 15 or over and excluding those living in institutions. It was possible to respond by filling in a paper questionnaire or an online questionnaire. Cover letter contained an individual password for each participant for accessing the online questionnaire. Filled-in paper questionnaires were posted to the UKK Institute and online questionnaires were transferred to a server maintained by Innolink Research.

The survey was posted in January 2008. Non-respondents received a reminder letter in February. Altogether, 2,129 persons responded to the postal survey and 126 to the online survey.

### 1.4 Use of data

#### Data appraisal

The variable identifying in which city district the respondent lives has been removed from the data. However, city districts have been classified into service unit areas in the variable PIIRI.

Non-respondents are included in the data. Variable RESPONSE contains information on whether the sampled person responded or not.

#### Related publications

Paronen, Olavi (2008). Tampereen terveys- ja sosiaalikysely 2008. Vastausjakaumat ikä- ja sukupuoliryhmittäin sekä palvelualueittain. Taulukkoraportti [verkkodokumentti]. Tampere: Tampereen kaupunki. Hyvinvointipalvelujen kehittämissyksikkö. [http://www.tampere.fi/tiedostot/5F97KBXvj/6\\_20](http://www.tampere.fi/tiedostot/5F97KBXvj/6_20) [viitattu 10.11.2010].

Paronen, Olavi & Luoto, Riitta & Vuori, Mika (2008). Tamperelaisen aikuisväestön terveys ja terveystilanteiden käyttö. Tampereen terveystilanteiden ja sosiaalikyselyn 2008 tuloksia. Tampereen kaupungin Tietotuotannon ja laadunarvioinnin julkaisusarja C 6/2009. Tampereen kaupunki 2009.

Pasanen, Sanna (2014). Urban Green Space and Physical Activity: Can urban green space advance health by encouraging physical activity? Helsinki: Helsingin yliopisto. Yhteiskuntapolitiikan pro gradu -tutkielma.

Updated list of publications in the study description at

[https://services.fsd.uta.fi/catalogue/FSD2550?lang=en&study\\_language=en](https://services.fsd.uta.fi/catalogue/FSD2550?lang=en&study_language=en)

#### Related material

Paronen, Olavi (2008). Tampereen terveystilanteiden ja sosiaalikysely 2008. Vastausjakaumat ikä- ja sukupuoliryhmittäin sekä palvelualueittain. Taulukkoraportti [verkkodokumentti]. Tampere: Tampereen kaupunki. Hyvinvointipalvelujen kehittämissyksikkö. [http://www.tampere.fi/tiedostot/5F97KBXvj/6\\_20](http://www.tampere.fi/tiedostot/5F97KBXvj/6_20) [viitattu 10.11.2010].

#### Location of the data collection

Finnish Social Science Data Archive

#### Weighting

There are no weight variables in the data.

## **Restrictions**

The dataset is (B) available for research, teaching and study.



# Chapter 2

## Variables

### [FSD\_NO] FSD study number

#### Question

*FSD study number*

#### Descriptive statistics

statistic	value
number of valid cases	3500
minimum	2550.00
maximum	2550.00
mean	2550.00
standard deviation	0.00

### [FSD\_VR] FSD edition number

#### Question

*FSD edition number*

#### Descriptive statistics

statistic	value
number of valid cases	3500
minimum	2.00
maximum	2.00
mean	2.00
standard deviation	0.00

## 2. Variables

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### **[FSD\_ID] FSD case id**

#### **Question**

*FSD case id*

#### **Descriptive statistics**

statistic	value
number of valid cases	3500
minimum	1.00
maximum	3500.00
mean	1750.50
standard deviation	1010.51

### **[RESPONSE] Response to the survey**

#### **Question**

*Response to the survey*

#### **Frequencies**

label	value	n	%	v. %
Did not return the questionnaire	0	1238	35.4	35.4
Responded in the first round	1	1692	48.3	48.3
Responded in the second round	2	428	12.2	12.2
Refused	3	107	3.1	3.1
Has moved away from Tampere or lives abroad	4	8	0.2	0.2
In institutional care	5	3	0.1	0.1
Sick, disabled, unable to respond	6	3	0.1	0.1
Questionnaire not completed, response rejected	7	3	0.1	0.1
Deceased	8	0	0.0	0.0
Address unknown, non-contact	9	18	0.5	0.5
		3500	100.0	100.0

### **[NETTI] Questionnaire used for responding**

#### **Question**

*Questionnaire used for responding*

#### **Frequencies**

label	value	n	%	v. %
Paper questionnaire	1	2111	60.3	94.3
Online questionnaire	2	128	3.7	5.7
System missing (SYSMIS)	.	1261	36.0	–
		3500	100.0	100.0

## [PIIRI] The service area in which the respondent lives

### Question

*The service area in which the respondent lives*

### Descriptive statistics

statistic	value
number of valid cases	3495
minimum	11.00
maximum	56.00
mean	35.22
standard deviation	16.41

## [Q1] The respondent's gender

### Question

*The respondent's gender*

### Frequencies

label	value	n	%	v. %
Male	1	1654	47.3	47.3
Female	2	1846	52.7	52.7
		3500	100.0	100.0

## [Q2] The respondent's age

### Question

*The respondent's age*

### Descriptive statistics

## 2. Variables

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statistic	value
number of valid cases	3500
minimum	15.00
maximum	97.00
mean	44.89
standard deviation	19.29

### [Q4] The respondent's household composition/living arrangements

#### Question

*The respondent's household composition/living arrangements*

#### Frequencies

label	value	n	%	v. %
Living with parents	1	88	2.5	4.2
Living alone	2	599	17.1	28.3
Living with partner/spouse	3	880	25.1	41.6
Living with partner/spouse and children	4	432	12.3	20.4
Living with children as single parent	5	58	1.7	2.7
Other living arrangement	6	59	1.7	2.8
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

### [Q5\_1] How many children under the age of 18 live in your household?

#### Question

*How many children under the age of 18 live in your household?*

#### Descriptive statistics

statistic	value
number of valid cases	2115
minimum	0.00
maximum	9.00
mean	0.41
standard deviation	0.87



**[Q5\_2] How many children under the age of 7 live in your household?****Question**

*How many children under the age of 7 live in your household?*

**Descriptive statistics**

statistic	value
number of valid cases	2115
minimum	0.00
maximum	9.00
mean	0.15
standard deviation	0.54

**[Q5\_3] How many children between 7-17 years of age live in your household?****Question**

*How many children between 7-17 years of age live in your household?*

**Descriptive statistics**

statistic	value
number of valid cases	2115
minimum	0.00
maximum	9.00
mean	0.27
standard deviation	0.67

**[Q6] The respondent's education****Question**

*The respondent's education*

**Frequencies**

label	value	n	%	v. %
Primary or lower secondary education	1	520	14.9	24.6

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## 2. Variables

(cont. from previous page)

label	value	n	%	v. %
Upper secondary education (general)	2	204	5.8	9.6
Upper secondary education (vocational)	3	490	14.0	23.1
College level vocational education (post-secondary)	4	343	9.8	16.2
Polytechnic or lower academic degree (B.A. or equivalent)	5	243	6.9	11.5
Higher academic degree (M.A. or equivalent or higher)	6	317	9.1	15.0
System missing (SYSMIS)	.	1383	39.5	–
		3500	100.0	100.0

### [Q7] The respondent's economic activity and employment status

#### Question

*The respondent's economic activity and employment status*

#### Frequencies

label	value	n	%	v. %
Employee in full-time work	1	834	23.8	39.4
Employee in part-time work or on part-time pension	2	125	3.6	5.9
Employer, self-employed, own account worker, farmer	3	117	3.3	5.5
On maternity/paternity/parental or child care leave	4	37	1.1	1.7
Unemployed or laid-off	5	118	3.4	5.6
On long-term sick leave	6	18	0.5	0.8
Retired, pensioner	7	629	18.0	29.7
Homemaker	8	5	0.1	0.2
Student	9	219	6.3	10.3
Other	10	8	0.2	0.4
In subsidised employment	11	2	0.1	0.1
Conscripted for military service	12	1	0.0	0.0
On job alternation leave	13	6	0.2	0.3
System missing (SYSMIS)	.	1381	39.5	–
		3500	100.0	100.0

### [Q8] If you are unemployed, for how many months have you been continuously unemployed?

#### Question

*If you are unemployed, for how many months have you been continuously unemployed?*

**Descriptive statistics**

statistic	value
number of valid cases	118
minimum	0.00
maximum	300.00
mean	27.61
standard deviation	48.51

**[Q9] The respondent's occupation****Question**

*The respondent's occupation*

**Descriptive statistics**

statistic	value
number of valid cases	2119
minimum	29.00
maximum	99.00
mean	55.49
standard deviation	18.94

**[Q10] Type of contract****Question**

*Type of contract*

**Frequencies**

label	value	n	%	v. %
Permanent or open-ended contract	1	824	23.5	39.0
Fixed-term contract, over 6 months	2	114	3.3	5.4
Fixed-term contract, 6 months or under	3	35	1.0	1.7
Other temporary contract	4	81	2.3	3.8
Not in employment; employer/self-employed/own account worker	5	1057	30.2	50.1
System missing (SYSMIS)	.	1389	39.7	–
		3500	100.0	100.0

**[Q11] In general, would you say your health is now...****Question**

*In general, would you say your health is now...*

**Frequencies**

label	value	n	%	v. %
Good	1	787	22.5	37.2
Fairly good	2	710	20.3	33.6
Fair	3	465	13.3	22.0
Fairly poor	4	122	3.5	5.8
Poor	5	31	0.9	1.5
System missing (SYSMIS)	.	1385	39.6	—
		3500	100.0	100.0

**[Q12] Do you have any long-standing illness, a chronic condition or disability?****Question**

*Do you have any long-standing illness, a chronic condition or disability?*

**Frequencies**

label	value	n	%	v. %
No	1	1172	33.5	55.5
Yes	2	938	26.8	44.5
System missing (SYSMIS)	.	1390	39.7	—
		3500	100.0	100.0

**[Q13] Does your illness or disability limit your work or daily activities?****Question**

*Does your illness or disability limit your work or daily activities?*

**Frequencies**

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(cont. from previous page)

label	value	n	%	v. %
label	value	n	%	v. %
No illness or disability	1	1172	33.5	55.6
Does not limit at all	2	265	7.6	12.6
Limits to some extent	3	509	14.5	24.2
Limits to a great extent	4	161	4.6	7.6
System missing (SYSMIS)	.	1393	39.8	–
		3500	100.0	100.0

### [Q14] Compared to one year ago, how would you rate your health in general now?

#### Question

*Compared to one year ago, how would you rate your health in general now?*

#### Frequencies

label	value	n	%	v. %
Much better	1	94	2.7	4.5
Somewhat better	2	229	6.5	10.9
About the same as a year before	3	1422	40.6	67.4
Somewhat worse	4	301	8.6	14.3
Much worse	5	64	1.8	3.0
System missing (SYSMIS)	.	1390	39.7	–
		3500	100.0	100.0

### [Q15\_1] Has a doctor diagnosed that you have any of the following: Coronary artery disease?

#### Question

*Has a doctor diagnosed that you have any of the following: Coronary artery disease?*

#### Frequencies

label	value	n	%	v. %
Not mentioned	0	2002	57.2	94.6
Mentioned	1	114	3.3	5.4

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## 2. Variables

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(cont. from previous page)

label	value	n	%	v. %
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

### **[Q15\_2] Has a doctor diagnosed that you have any of the following: High blood pressure?**

#### **Question**

*Has a doctor diagnosed that you have any of the following: High blood pressure?*

#### **Frequencies**

label	value	n	%	v. %
Not mentioned	0	1606	45.9	75.9
Mentioned	1	509	14.5	24.1
System missing (SYSMIS)	.	1385	39.6	–
		3500	100.0	100.0

### **[Q15\_3] Has a doctor diagnosed that you have any of the following: High cholesterol level?**

#### **Question**

*Has a doctor diagnosed that you have any of the following: High cholesterol level?*

#### **Frequencies**

label	value	n	%	v. %
Not mentioned	0	1719	49.1	81.2
Mentioned	1	397	11.3	18.8
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

### **[Q15\_4] Has a doctor diagnosed that you have any of the following: Overweight or obesity?**

#### **Question**

*Has a doctor diagnosed that you have any of the following: Overweight or obesity?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	0	1814	51.8	85.7
Mentioned	1	302	8.6	14.3
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

**[Q15\_5] Has a doctor diagnosed that you have any of the following: Asthma?****Question**

*Has a doctor diagnosed that you have any of the following: Asthma?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	0	1980	56.6	93.6
Mentioned	1	136	3.9	6.4
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

**[Q15\_6] Has a doctor diagnosed that you have any of the following: Chronic bronchitis, pulmonary emphysema?****Question**

*Has a doctor diagnosed that you have any of the following: Chronic bronchitis, pulmonary emphysema?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	0	2065	59.0	97.6
Mentioned	1	51	1.5	2.4
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

**[Q15\_7] Has a doctor diagnosed that you have any of the following: Type 1 diabetes?****Question***Has a doctor diagnosed that you have any of the following: Type 1 diabetes?***Frequencies**

label	value	n	%	v. %
Not mentioned	0	2098	59.9	99.1
Mentioned	1	18	0.5	0.9
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

**[Q15\_8] Has a doctor diagnosed that you have any of the following: Type 2 diabetes?****Question***Has a doctor diagnosed that you have any of the following: Type 2 diabetes?***Frequencies**

label	value	n	%	v. %
Not mentioned	0	1987	56.8	93.9
Mentioned	1	129	3.7	6.1
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

**[Q15\_9] Has a doctor diagnosed that you have any of the following: Arthrosis in lower extremities?****Question***Has a doctor diagnosed that you have any of the following: Arthrosis in lower extremities?***Frequencies**

label	value	n	%	v. %
Not mentioned	0	1845	52.7	87.2

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label	value	n	%	v. %
Mentioned	1	270	7.7	12.8
System missing (SYSMIS)	.	1385	39.6	–
		3500	100.0	100.0

**[Q15\_10] Has a doctor diagnosed that you have any of the following: Rheumatoid arthritis or other inflammatory joint disease?**

**Question**

*Has a doctor diagnosed that you have any of the following: Rheumatoid arthritis or other inflammatory joint disease?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	0	2038	58.2	96.3
Mentioned	1	78	2.2	3.7
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

**[Q15\_11] Has a doctor diagnosed that you have any of the following: Chronic or recurring back pain?**

**Question**

*Has a doctor diagnosed that you have any of the following: Chronic or recurring back pain?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	0	1801	51.5	85.1
Mentioned	1	315	9.0	14.9
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

**[Q15\_12] Has a doctor diagnosed that you have any of the following: Chronic or recurring neck-shoulder problems?**

**Question**

*Has a doctor diagnosed that you have any of the following: Chronic or recurring neck-shoulder problems?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	0	1824	52.1	86.2
Mentioned	1	291	8.3	13.8
System missing (SYSMIS)	.	1385	39.6	—
		3500	100.0	100.0

**[Q15\_13] Has a doctor diagnosed that you have any of the following: Osteoporosis, possibly with fractures?**

**Question**

*Has a doctor diagnosed that you have any of the following: Osteoporosis, possibly with fractures?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	0	2055	58.7	97.1
Mentioned	1	61	1.7	2.9
System missing (SYSMIS)	.	1384	39.5	—
		3500	100.0	100.0

**[Q15\_14] Has a doctor diagnosed that you have any of the following: Depression?**

**Question**

*Has a doctor diagnosed that you have any of the following: Depression?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	0	1946	55.6	92.0
Mentioned	1	170	4.9	8.0
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

**[Q15\_15] Has a doctor diagnosed that you have any of the following: Other mental problem/illness?**

**Question**

*Has a doctor diagnosed that you have any of the following: Other mental problem/illness?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	0	2062	58.9	97.4
Mentioned	1	54	1.5	2.6
System missing (SYSMIS)	.	1384	39.5	–
		3500	100.0	100.0

**[Q16\_1] Have you had any of the following problems or symptoms recently: Overstrain?**

**Question**

*Have you had any of the following problems or symptoms recently: Overstrain?*

**Frequencies**

label	value	n	%	v. %
No	1	1033	29.5	50.2
Occasionally	2	800	22.9	38.9
Fairly often	3	172	4.9	8.4
Often/continuously	4	53	1.5	2.6
System missing (SYSMIS)	.	1442	41.2	–
		3500	100.0	100.0

**[Q16\_2] Have you had any of the following problems or symptoms recently: Depression, feeling low?**

**Question**

*Have you had any of the following problems or symptoms recently: Depression, feeling low?*

**Frequencies**

label	value	n	%	v. %
No	1	1106	31.6	53.7
Occasionally	2	747	21.3	36.3
Fairly often	3	157	4.5	7.6
Often/continuously	4	50	1.4	2.4
System missing (SYSMIS)	.	1440	41.1	–
		3500	100.0	100.0

**[Q16\_3] Have you had any of the following problems or symptoms recently:  
Tension, anxiety?**

**Question**

*Have you had any of the following problems or symptoms recently: Tension, anxiety?*

**Frequencies**

label	value	n	%	v. %
No	1	1085	31.0	52.8
Occasionally	2	791	22.6	38.5
Fairly often	3	146	4.2	7.1
Often/continuously	4	33	0.9	1.6
System missing (SYSMIS)	.	1445	41.3	–
		3500	100.0	100.0

**[Q16\_4] Have you had any of the following problems or symptoms recently:  
Overall fatigue?**

**Question**

*Have you had any of the following problems or symptoms recently: Overall fatigue?*

**Frequencies**

label	value	n	%	v. %
No	1	667	19.1	32.3
Occasionally	2	1014	29.0	49.1
Fairly often	3	290	8.3	14.0
Often/continuously	4	94	2.7	4.6
System missing (SYSMIS)	.	1435	41.0	–

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label	value	n	%	v. %
		3500	100.0	100.0

**[Q16\_5] Have you had any of the following problems or symptoms recently:  
Insomnia?**

**Question**

*Have you had any of the following problems or symptoms recently: Insomnia?*

**Frequencies**

label	value	n	%	v. %
No	1	996	28.5	48.3
Occasionally	2	767	21.9	37.2
Fairly often	3	221	6.3	10.7
Often/continuously	4	79	2.3	3.8
System missing (SYSMIS)	.	1437	41.1	–
		3500	100.0	100.0

**[Q16\_6] Have you had any of the following problems or symptoms recently:  
Feeling of loneliness?**

**Question**

*Have you had any of the following problems or symptoms recently: Feeling of loneliness?*

**Frequencies**

label	value	n	%	v. %
No	1	1481	42.3	71.8
Occasionally	2	428	12.2	20.7
Fairly often	3	114	3.3	5.5
Often/continuously	4	41	1.2	2.0
System missing (SYSMIS)	.	1436	41.0	–
		3500	100.0	100.0

**[Q16\_7] Have you had any of the following problems or symptoms recently: Irritability?**

**Question**

*Have you had any of the following problems or symptoms recently: Irritability?*

**Frequencies**

label	value	n	%	v. %
No	1	995	28.4	48.4
Occasionally	2	901	25.7	43.8
Fairly often	3	132	3.8	6.4
Often/continuously	4	28	0.8	1.4
System missing (SYSMIS)	.	1444	41.3	–
		3500	100.0	100.0

**[Q16\_8] Have you had any of the following problems or symptoms recently: Problems with memory?**

**Question**

*Have you had any of the following problems or symptoms recently: Problems with memory?*

**Frequencies**

label	value	n	%	v. %
No	1	1034	29.5	50.2
Occasionally	2	807	23.1	39.2
Fairly often	3	162	4.6	7.9
Often/continuously	4	58	1.7	2.8
System missing (SYSMIS)	.	1439	41.1	–
		3500	100.0	100.0

**[Q17] Does any of the problems or symptoms you mentioned (question 16) limit your everyday activities?**

**Question**

*Does any of the problems or symptoms you mentioned (question 16) limit your everyday activities?*

**Frequencies**

label	value	n	%	v. %
No symptoms/problems	1	912	26.1	44.1
To some extent	2	938	26.8	45.4
A lot, but I have not sought help	3	62	1.8	3.0
A lot and I have sought help	4	155	4.4	7.5
System missing (SYSMIS)	.	1433	40.9	–
		3500	100.0	100.0

**[Q18\_1] These days, how well are you able to: Do heavy housework (e.g. spring cleaning)?**

**Question**

*These days, how well are you able to: Do heavy housework (e.g. spring cleaning)?*

**Frequencies**

label	value	n	%	v. %
I'm able to do without any difficulty	1	1466	41.9	70.0
I'm able to do, but with some difficulty	2	387	11.1	18.5
Very difficult for me to do	3	103	2.9	4.9
I can't do at all	4	138	3.9	6.6
System missing (SYSMIS)	.	1406	40.2	–
		3500	100.0	100.0

**[Q18\_2] These days, how well are you able to: Climb 2-3 flights of stairs without stopping?**

**Question**

*These days, how well are you able to: Climb 2-3 flights of stairs without stopping?*

**Frequencies**

label	value	n	%	v. %
I'm able to do without any difficulty	1	1689	48.3	80.4
I'm able to do, but with some difficulty	2	266	7.6	12.7
Very difficult for me to do	3	70	2.0	3.3
I can't do at all	4	77	2.2	3.7
System missing (SYSMIS)	.	1398	39.9	–
		3500	100.0	100.0

**[Q18\_3] These days, how well are you able to: Walk 2 km without stopping and without carrying anything?**

**Question**

*These days, how well are you able to: Walk 2 km without stopping and without carrying anything?*

**Frequencies**

label	value	n	%	v. %
I'm able to do without any difficulty	1	1774	50.7	84.4
I'm able to do, but with some difficulty	2	154	4.4	7.3
Very difficult for me to do	3	61	1.7	2.9
I can't do at all	4	112	3.2	5.3
System missing (SYSMIS)	.	1399	40.0	–
		3500	100.0	100.0

**[Q18\_4] These days, how well are you able to: Walk 2 km without stopping while carrying a 5 kg bag?**

**Question**

*These days, how well are you able to: Walk 2 km without stopping while carrying a 5 kg bag?*

**Frequencies**

label	value	n	%	v. %
I'm able to do without any difficulty	1	1331	38.0	63.8
I'm able to do, but with some difficulty	2	442	12.6	21.2
Very difficult for me to do	3	135	3.9	6.5
I can't do at all	4	179	5.1	8.6
System missing (SYSMIS)	.	1413	40.4	–
		3500	100.0	100.0

**[Q18\_5] These days, how well are you able to: Run a short distance (about 100 m)?**

**Question**

*These days, how well are you able to: Run a short distance (about 100 m)?*

**Frequencies**



label	value	n	%	v. %
I'm able to do without any difficulty	1	1375	39.3	65.9
I'm able to do, but with some difficulty	2	321	9.2	15.4
Very difficult for me to do	3	135	3.9	6.5
I can't do at all	4	255	7.3	12.2
System missing (SYSMIS)	.	1414	40.4	–
		3500	100.0	100.0

### [Q18\_6] These days, how well are you able to: Run or jog 2 km?

#### Question

*These days, how well are you able to: Run or jog 2 km?*

#### Frequencies

label	value	n	%	v. %
I'm able to do without any difficulty	1	669	19.1	32.4
I'm able to do, but with some difficulty	2	653	18.7	31.6
Very difficult for me to do	3	262	7.5	12.7
I can't do at all	4	481	13.7	23.3
System missing (SYSMIS)	.	1435	41.0	–
		3500	100.0	100.0

### [Q18\_7] These days, how well are you able to: Board a bus or train?

#### Question

*These days, how well are you able to: Board a bus or train?*

#### Frequencies

label	value	n	%	v. %
I'm able to do without any difficulty	1	1827	52.2	87.3
I'm able to do, but with some difficulty	2	187	5.3	8.9
Very difficult for me to do	3	47	1.3	2.2
I can't do at all	4	31	0.9	1.5
System missing (SYSMIS)	.	1408	40.2	–
		3500	100.0	100.0

**[Q18\_8] These days, how well are you able to: Kneel or bend?****Question**

*These days, how well are you able to: Kneel or bend?*

**Frequencies**

label	value	n	%	v. %
I'm able to do without any difficulty	1	1523	43.5	72.5
I'm able to do, but with some difficulty	2	418	11.9	19.9
Very difficult for me to do	3	103	2.9	4.9
I can't do at all	4	57	1.6	2.7
System missing (SYSMIS)	.	1399	40.0	—
		3500	100.0	100.0

**[Q19] How often, on average, do you do physical activities/exercise in your leisure time?****Question**

*How often, on average, do you do physical activities/exercise in your leisure time?*

**Frequencies**

label	value	n	%	v. %
No physical activities; I read, watch television etc	1	556	15.9	26.4
Light exercise (walking, cycling) at least 4 hours a week	2	938	26.8	44.6
Moderate exercise at least 3 hours a week	3	554	15.8	26.3
Vigorous training for competitive sports regularly	4	55	1.6	2.6
System missing (SYSMIS)	.	1397	39.9	—
		3500	100.0	100.0

**[Q20] In your leisure time, how often do you take physical exercise that lasts at least 30 minutes and makes you breathe more heavily and sweat at least a little?****Question**

*In your leisure time, how often do you take physical exercise that lasts at least 30 minutes and makes you breathe more heavily and sweat at least a little?*

**Frequencies**

label	value	n	%	v. %
6-7 times a week	1	159	4.5	7.5
3-5 times a week	2	768	21.9	36.4
1-2 times a week	3	629	18.0	29.8
A few times a month	4	277	7.9	13.1
Less often or not at all	5	187	5.3	8.9
I can't do physical activities due to illness/disability	6	89	2.5	4.2
System missing (SYSMIS)	.	1391	39.7	–
		3500	100.0	100.0

**[Q21] On average, how many minutes a day do you walk or cycle to get from one place to another (e.g. to go to work or shopping)?**

**Question**

*On average, how many minutes a day do you walk or cycle to get from one place to another (e.g. to go to work or shopping)?*

**Frequencies**

label	value	n	%	v. %
I don't cycle or walk daily to get from one place to another	1	324	9.3	15.6
Under 15 minutes a day	2	289	8.3	13.9
15-29 minutes a day	3	684	19.5	32.9
30-59 minutes a day	4	513	14.7	24.7
60 minutes a day or over	5	268	7.7	12.9
System missing (SYSMIS)	.	1422	40.6	–
		3500	100.0	100.0

**[Q22] On average, how many minutes do you sleep in a day (24 hours)?**

**Question**

*On average, how many minutes do you sleep in a day (24 hours)?*

**Descriptive statistics**

statistic	value
number of valid cases	2095

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## 2. Variables

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statistic	value
minimum	150.00
maximum	960.00
mean	441.17
standard deviation	71.71

### [Q23] Do you smoke nowadays?

#### Question

*Do you smoke nowadays?*

#### Frequencies

label	value	n	%	v. %
Daily	1	311	8.9	14.8
Occasionally	2	154	4.4	7.3
I have quit smoking	3	533	15.2	25.3
I have never smoked	4	1106	31.6	52.6
System missing (SYSMIS)	.	1396	39.9	—
		3500	100.0	100.0

### [Q24] How often do you usually drink alcohol?

#### Question

*How often do you usually drink alcohol?*

#### Frequencies

label	value	n	%	v. %
Daily or almost daily	1	77	2.2	3.7
2-3 times a week	2	330	9.4	15.7
Once a week	3	395	11.3	18.8
2-3 times a month	4	540	15.4	25.6
A few times a year	5	539	15.4	25.6
Never	6	225	6.4	10.7
System missing (SYSMIS)	.	1394	39.8	—
		3500	100.0	100.0

**[Q25] How often do you drink six or more drinks on one occasion?****Question**

*How often do you drink six or more drinks on one occasion?*

**Frequencies**

label	value	n	%	v. %
Never	1	753	21.5	35.8
Less often than once a month	2	653	18.7	31.1
1-2 times a month	3	414	11.8	19.7
Once a week	4	226	6.5	10.8
Several times a week	5	56	1.6	2.7
System missing (SYSMIS)	.	1398	39.9	–
		3500	100.0	100.0

**[Q26] How often did you eat fresh fruit, vegetables or berries during the past week?****Question**

*How often did you eat fresh fruit, vegetables or berries during the past week?*

**Frequencies**

label	value	n	%	v. %
Not at all	1	33	0.9	1.6
On 1-2 days	2	358	10.2	17.0
On 3-5 days	3	729	20.8	34.6
On 6-7 days	4	989	28.3	46.9
System missing (SYSMIS)	.	1391	39.7	–
		3500	100.0	100.0

**[Q27\_1] During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less fat?****Question**

*During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less fat?*

**Frequencies**

## 2. Variables

label	value	n	%	v. %
I have not changed nor tried to change	1	616	17.6	30.4
I have succeeded in changing	2	808	23.1	39.8
I have tried to change without succeeding	3	158	4.5	7.8
Doesn't apply, no need for change	4	446	12.7	22.0
System missing (SYSMIS)	.	1472	42.1	–
		3500	100.0	100.0

### **[Q27\_2] During the past 12 months, have you changed or tried to change the following habits for health reasons: Changed the type of fat you eat?**

#### **Question**

*During the past 12 months, have you changed or tried to change the following habits for health reasons: Changed the type of fat you eat?*

#### **Frequencies**

label	value	n	%	v. %
I have not changed nor tried to change	1	665	19.0	33.2
I have succeeded in changing	2	803	22.9	40.0
I have tried to change without succeeding	3	64	1.8	3.2
Doesn't apply, no need for change	4	473	13.5	23.6
System missing (SYSMIS)	.	1495	42.7	–
		3500	100.0	100.0

### **[Q27\_3] During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less salt?**

#### **Question**

*During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less salt?*

#### **Frequencies**

label	value	n	%	v. %
I have not changed nor tried to change	1	792	22.6	39.4
I have succeeded in changing	2	564	16.1	28.1
I have tried to change without succeeding	3	88	2.5	4.4
Doesn't apply, no need for change	4	564	16.1	28.1
System missing (SYSMIS)	.	1492	42.6	–

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label	value	n	%	v. %
		3500	100.0	100.0

**[Q27\_4] During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less sugar?**

**Question**

*During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten less sugar?*

**Frequencies**

label	value	n	%	v. %
I have not changed nor tried to change	1	654	18.7	32.2
I have succeeded in changing	2	649	18.5	31.9
I have tried to change without succeeding	3	207	5.9	10.2
Doesn't apply, no need for change	4	522	14.9	25.7
System missing (SYSMIS)	.	1468	41.9	—
		3500	100.0	100.0

**[Q27\_5] During the past 12 months, have you changed or tried to change the following habits for health reasons: Taken more exercise?**

**Question**

*During the past 12 months, have you changed or tried to change the following habits for health reasons: Taken more exercise?*

**Frequencies**

label	value	n	%	v. %
I have not changed nor tried to change	1	546	15.6	27.6
I have succeeded in changing	2	723	20.7	36.5
I have tried to change without succeeding	3	401	11.5	20.2
Doesn't apply, no need for change	4	311	8.9	15.7
System missing (SYSMIS)	.	1519	43.4	—
		3500	100.0	100.0

**[Q27\_6] During the past 12 months, have you changed or tried to change the following habits for health reasons: Drunk less alcohol?**

**Question**

*During the past 12 months, have you changed or tried to change the following habits for health reasons: Drunk less alcohol?*

**Frequencies**

label	value	n	%	v. %
I have not changed nor tried to change	1	689	19.7	34.2
I have succeeded in changing	2	330	9.4	16.4
I have tried to change without succeeding	3	81	2.3	4.0
Doesn't apply, no need for change	4	913	26.1	45.4
System missing (SYSMIS)	.	1487	42.5	–
		3500	100.0	100.0

**[Q27\_7] During the past 12 months, have you changed or tried to change the following habits for health reasons: Given up smoking?**

**Question**

*During the past 12 months, have you changed or tried to change the following habits for health reasons: Given up smoking?*

**Frequencies**

label	value	n	%	v. %
I have not changed nor tried to change	1	411	11.7	20.3
I have succeeded in changing	2	170	4.9	8.4
I have tried to change without succeeding	3	131	3.7	6.5
Doesn't apply, no need for change	4	1309	37.4	64.8
System missing (SYSMIS)	.	1479	42.3	–
		3500	100.0	100.0

**[Q27\_8] During the past 12 months, have you changed or tried to change the following habits for health reasons: Dieted (lost weight)?**

**Question**

*During the past 12 months, have you changed or tried to change the following habits for health reasons: Dieted (lost weight)?*



**Frequencies**

label	value	n	%	v. %
I have not changed nor tried to change	1	485	13.9	24.4
I have succeeded in changing	2	385	11.0	19.3
I have tried to change without succeeding	3	542	15.5	27.2
Doesn't apply, no need for change	4	579	16.5	29.1
System missing (SYSMIS)	.	1509	43.1	–
		3500	100.0	100.0

**[Q27\_9] During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten more fruit and vegetables?**

**Question**

*During the past 12 months, have you changed or tried to change the following habits for health reasons: Eaten more fruit and vegetables?*

**Frequencies**

label	value	n	%	v. %
I have not changed nor tried to change	1	548	15.7	27.0
I have succeeded in changing	2	837	23.9	41.2
I have tried to change without succeeding	3	185	5.3	9.1
Doesn't apply, no need for change	4	460	13.1	22.7
System missing (SYSMIS)	.	1470	42.0	–
		3500	100.0	100.0

**[Q28\_1] How tall are you (cm)?**

**Question**

*How tall are you (cm)?*

**Descriptive statistics**

statistic	value
number of valid cases	2082
minimum	132.00
maximum	205.00
mean	170.36
standard deviation	9.31

**[Q28\_2] How much do you weigh (kg)?****Question**

*How much do you weigh (kg)?*

**Descriptive statistics**

statistic	value
number of valid cases	2074
minimum	38.00
maximum	155.00
mean	75.00
standard deviation	15.87

**[Q29\_1] Did you receive outside help or assistance for the following last year (2007): Household work?****Question**

*Did you receive outside help or assistance for the following last year (2007): Household work?*

**Frequencies**

label	value	n	%	v. %
Yes, I received outside help	1	187	5.3	9.1
No, I did not receive but would have needed	2	63	1.8	3.1
I did not need help	3	1805	51.6	87.8
System missing (SYSMIS)	.	1445	41.3	—
		3500	100.0	100.0

**[Q29\_2] Did you receive outside help or assistance for the following last year (2007): Child care at home?****Question**

*Did you receive outside help or assistance for the following last year (2007): Child care at home?*

**Frequencies**

label	value	n	%	v. %
Yes, I received outside help	1	139	4.0	6.8
No, I did not receive but would have needed	2	16	0.5	0.8
I did not need help	3	1899	54.3	92.5
System missing (SYSMIS)	.	1446	41.3	–
		3500	100.0	100.0

**[Q29\_3] Did you receive outside help or assistance for the following last year (2007): Shopping or other errands?**

**Question**

*Did you receive outside help or assistance for the following last year (2007): Shopping or other errands?*

**Frequencies**

label	value	n	%	v. %
Yes, I received outside help	1	118	3.4	5.8
No, I did not receive but would have needed	2	31	0.9	1.5
I did not need help	3	1872	53.5	92.6
System missing (SYSMIS)	.	1479	42.3	–
		3500	100.0	100.0

**[Q29\_4] Did you receive outside help or assistance for the following last year (2007): Personal care and support at home?**

**Question**

*Did you receive outside help or assistance for the following last year (2007): Personal care and support at home?*

**Frequencies**

label	value	n	%	v. %
Yes, I received outside help	1	45	1.3	2.2
No, I did not receive but would have needed	2	17	0.5	0.8
I did not need help	3	1956	55.9	96.9
System missing (SYSMIS)	.	1482	42.3	–
		3500	100.0	100.0

**[Q29\_5] Did you receive outside help or assistance for the following last year (2007): When needing transport?**

**Question**

*Did you receive outside help or assistance for the following last year (2007): When needing transport?*

**Frequencies**

label	value	n	%	v. %
Yes, I received outside help	1	234	6.7	11.5
No, I did not receive but would have needed	2	32	0.9	1.6
I did not need help	3	1774	50.7	87.0
System missing (SYSMIS)	.	1460	41.7	—
		3500	100.0	100.0

**[Q30\_1] From whom did you receive outside help last year: Family members not living in your household?**

**Question**

*From whom did you receive outside help last year: Family members not living in your household?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	1	1600	45.7	76.3
Mentioned	2	498	14.2	23.7
System missing (SYSMIS)	.	1402	40.1	—
		3500	100.0	100.0

**[Q30\_2] From whom did you receive outside help last year: Other relatives?**

**Question**

*From whom did you receive outside help last year: Other relatives?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	1	1876	53.6	89.4
Mentioned	2	223	6.4	10.6
System missing (SYSMIS)	.	1401	40.0	–
		3500	100.0	100.0

**[Q30\_3] From whom did you receive outside help last year: Friends, acquaintances or neighbours?**

**Question**

*From whom did you receive outside help last year: Friends, acquaintances or neighbours?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	1	1794	51.3	85.5
Mentioned	2	305	8.7	14.5
System missing (SYSMIS)	.	1401	40.0	–
		3500	100.0	100.0

**[Q30\_4] From whom did you receive outside help last year: Family care or home services unit of the municipality?**

**Question**

*From whom did you receive outside help last year: Family care or home services unit of the municipality?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	1	2037	58.2	97.1
Mentioned	2	61	1.7	2.9
System missing (SYSMIS)	.	1402	40.1	–
		3500	100.0	100.0

**[Q30\_5] From whom did you receive outside help last year: Parish or voluntary/civic organisation?**

**Question**

*From whom did you receive outside help last year: Parish or voluntary/civic organisation?*

## 2. Variables

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### Frequencies

label	value	n	%	v. %
Not mentioned	1	2080	59.4	99.1
Mentioned	2	19	0.5	0.9
System missing (SYSMIS)	.	1401	40.0	–
		3500	100.0	100.0

### [Q30\_6] From whom did you receive outside help last year: Private home care service provider?

#### Question

*From whom did you receive outside help last year: Private home care service provider?*

### Frequencies

label	value	n	%	v. %
Not mentioned	1	2011	57.5	95.8
Mentioned	2	88	2.5	4.2
System missing (SYSMIS)	.	1401	40.0	–
		3500	100.0	100.0

### [Q31\_1] Do you have in your family or close network an aged, disabled or long-term sick person whom you help regularly?

#### Question

*Do you have in your family or close network an aged, disabled or long-term sick person whom you help regularly?*

### Frequencies

label	value	n	%	v. %
No	1	1671	47.7	80.2
Yes	2	413	11.8	19.8
System missing (SYSMIS)	.	1416	40.5	–
		3500	100.0	100.0

**[Q31\_2] (IF Q31\_1=YES) Is the person you help: A family member?****Question***(IF Q31\_1=YES) Is the person you help: A family member?***Frequencies**

label	value	n	%	v. %
Not mentioned	1	221	6.3	53.6
Mentioned	2	191	5.5	46.4
System missing (SYSMIS)	.	3088	88.2	–
		3500	100.0	100.0

**[Q31\_3] (IF Q31\_1=YES) Is the person you help: Other relative?****Question***(IF Q31\_1=YES) Is the person you help: Other relative?***Frequencies**

label	value	n	%	v. %
Not mentioned	1	221	6.3	53.6
Mentioned	2	191	5.5	46.4
System missing (SYSMIS)	.	3088	88.2	–
		3500	100.0	100.0

**[Q31\_4] (IF Q31\_1=YES) Is the person you help: A neighbour?****Question***(IF Q31\_1=YES) Is the person you help: A neighbour?***Frequencies**

label	value	n	%	v. %
Not mentioned	1	404	11.5	98.1
Mentioned	2	8	0.2	1.9
System missing (SYSMIS)	.	3088	88.2	–
		3500	100.0	100.0

**[Q31\_5] (IF Q31\_1=YES) Is the person you help: A friend or acquaintance?****Question**

*(IF Q31\_1=YES) Is the person you help: A friend or acquaintance?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	1	385	11.0	93.4
Mentioned	2	27	0.8	6.6
System missing (SYSMIS)	.	3088	88.2	–
		3500	100.0	100.0

**[Q31\_6] (IF Q31\_1=YES) Is the person you help: Someone else?****Question**

*(IF Q31\_1=YES) Is the person you help: Someone else?*

**Frequencies**

label	value	n	%	v. %
Not mentioned	1	403	11.5	97.8
Mentioned	2	9	0.3	2.2
System missing (SYSMIS)	.	3088	88.2	–
		3500	100.0	100.0

**[Q32\_1] Did you receive inpatient care in a hospital ward last year (2007)? (Translator note: i.e. admitted to hospital and required to stay overnight or longer)?****Question**

*Did you receive inpatient care in a hospital ward last year (2007)? (Translator note: i.e. admitted to hospital and required to stay overnight or longer)?*

**Frequencies**



label	value	n	%	v. %
No	1	1860	53.1	88.7
Yes	2	236	6.7	11.3
System missing (SYSMIS)	.	1404	40.1	–
		3500	100.0	100.0

**[Q32\_2] (IF Q32\_1=YES) For how many days did you stay in hospital as an inpatient?**

**Question**

*(IF Q32\_1=YES) For how many days did you stay in hospital as an inpatient?*

**Descriptive statistics**

statistic	value
number of valid cases	235
minimum	1.00
maximum	99.00
mean	12.94
standard deviation	22.05

**[Q33] Did you visit a doctor for an illness last year?**

**Question**

*Did you visit a doctor for an illness last year?*

**Frequencies**

label	value	n	%	v. %
No	1	499	14.3	23.7
Yes	2	1607	45.9	76.3
System missing (SYSMIS)	.	1394	39.8	–
		3500	100.0	100.0

**[Q34\_1] (IF Q33=YES) How many times did you visit last year: Family doctor (general practitioner, GP) in a municipal or Omapihlaja health center**

**Question**

*(IF Q33=YES) How many times did you visit last year: Family doctor (general practitioner, GP) in a municipal or Omapihlaja health center*

## 2. Variables

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### Frequencies

label	value	n	%	v. %
Has not visited	0	986	28.2	62.5
	1	173	4.9	11.0
	2	176	5.0	11.2
	3	121	3.5	7.7
	4	59	1.7	3.7
	5	35	1.0	2.2
	6	13	0.4	0.8
	7	7	0.2	0.4
	8	4	0.1	0.3
	10	2	0.1	0.1
	12	1	0.0	0.1
	15	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	1922	54.9	—
		3500	100.0	100.0

### [Q34\_2] (IF Q33=YES) How many times did you visit last year: Doctor in the Hatanpää emergency health care facility

#### Question

*(IF Q33=YES) How many times did you visit last year: Doctor in the Hatanpää emergency health care facility*

### Frequencies

label	value	n	%	v. %
Has not visited	0	1268	36.2	79.9
	1	180	5.1	11.3
	2	85	2.4	5.4
	3	33	0.9	2.1
	4	8	0.2	0.5
	5	8	0.2	0.5
	6	3	0.1	0.2
	9	1	0.0	0.1
	12	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	1913	54.7	—
		3500	100.0	100.0

**[Q34\_3] (IF Q33=YES) How many times did you visit last year: Other GP in a health centre**

**Question**

*(IF Q33=YES) How many times did you visit last year: Other GP in a health centre*

**Frequencies**

label	value	n	%	v. %
Has not visited	0	1427	40.8	89.8
	1	63	1.8	4.0
	2	45	1.3	2.8
	3	24	0.7	1.5
	4	10	0.3	0.6
	5	12	0.3	0.8
	6	5	0.1	0.3
	7	1	0.0	0.1
	8	1	0.0	0.1
	10	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	1911	54.6	—
		3500	100.0	100.0

**[Q34\_4] (IF Q33=YES) How many times did you visit last year: Doctor in an occupational health care facility**

**Question**

*(IF Q33=YES) How many times did you visit last year: Doctor in an occupational health care facility*

**Frequencies**

label	value	n	%	v. %
Has not visited	0	1020	29.1	64.1
	1	159	4.5	10.0
	2	173	4.9	10.9
	3	108	3.1	6.8
	4	54	1.5	3.4
	5	30	0.9	1.9
	6	16	0.5	1.0

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## 2. Variables

(cont. from previous page)

label	value	n	%	v. %
	7	9	0.3	0.6
	8	4	0.1	0.3
	10	14	0.4	0.9
	16	1	0.0	0.1
	20	2	0.1	0.1
	30	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	1909	54.5	–
		3500	100.0	100.0

### **[Q34\_5] (IF Q33=YES) How many times did you visit last year: Doctor in a school or other educational institution**

#### **Question**

*(IF Q33=YES) How many times did you visit last year: Doctor in a school or other educational institution*

#### **Frequencies**

label	value	n	%	v. %
Has not visited	0	1497	42.8	93.6
	1	43	1.2	2.7
	2	27	0.8	1.7
	3	11	0.3	0.7
	4	13	0.4	0.8
	5	4	0.1	0.3
	6	1	0.0	0.1
	7	1	0.0	0.1
	8	1	0.0	0.1
	20	1	0.0	0.1
	25	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	1900	54.3	–
		3500	100.0	100.0

### **[Q34\_6] (IF Q33=YES) How many times did you visit last year: Doctor in a private health care facility**

#### **Question**

*(IF Q33=YES) How many times did you visit last year: Doctor in a private health care facility*

**Frequencies**

label	value	n	%	v. %
Has not visited	0	1121	32.0	70.9
	1	198	5.7	12.5
	2	128	3.7	8.1
	3	62	1.8	3.9
	4	26	0.7	1.6
	5	20	0.6	1.3
	6	8	0.2	0.5
	7	2	0.1	0.1
	8	7	0.2	0.4
	9	1	0.0	0.1
	10	3	0.1	0.2
	11	1	0.0	0.1
	15	1	0.0	0.1
	45	1	0.0	0.1
	50	1	0.0	0.1
	96	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	1919	54.8	–
		3500	100.0	100.0

**[Q34\_7] (IF Q33=YES) How many times did you visit last year: Doctor in the emergency department of the Tampere University Hospital**

**Question**

*(IF Q33=YES) How many times did you visit last year: Doctor in the emergency department of the Tampere University Hospital*

**Frequencies**

label	value	n	%	v. %
Has not visited	0	1493	42.7	93.5
	1	78	2.2	4.9
	2	19	0.5	1.2
	3	6	0.2	0.4
	4	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	1903	54.4	–
		3500	100.0	100.0

**[Q34\_8] (IF Q33=YES) How many times did you visit last year: Doctor in a specialist clinic in hospital (TAYS, Hatanpää)**

**Question**

*(IF Q33=YES) How many times did you visit last year: Doctor in a specialist clinic in hospital (TAYS, Hatanpää)*

**Frequencies**

label	value	n	%	v. %
Has not visited	0	1201	34.3	75.6
	1	146	4.2	9.2
	2	126	3.6	7.9
	3	47	1.3	3.0
	4	29	0.8	1.8
	5	11	0.3	0.7
	6	14	0.4	0.9
	7	6	0.2	0.4
	8	3	0.1	0.2
	9	1	0.0	0.1
	10	1	0.0	0.1
	14	1	0.0	0.1
	15	2	0.1	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	1912	54.6	–
		3500	100.0	100.0

**[Q34\_9] (IF Q33=YES) How many times did you visit last year: Other doctor, which?**

**Question**

*(IF Q33=YES) How many times did you visit last year: Other doctor, which?*

**[Q35] Did you visit a dentist last year?**

**Question**

*Did you visit a dentist last year?*

**Frequencies**

label	value	n	%	v. %
No	1	809	23.1	38.5
Yes	2	1290	36.9	61.5
System missing (SYSMIS)	.	1401	40.0	–
		3500	100.0	100.0

**[Q36\_1] (IF Q35=YES) How many times did you visit last year: Dentist in a municipal dental care facility**

**Question**

*(IF Q35=YES) How many times did you visit last year: Dentist in a municipal dental care facility*

**Frequencies**

label	value	n	%	v. %
Has not visited	0	932	26.6	73.2
	1	171	4.9	13.4
	2	84	2.4	6.6
	3	41	1.2	3.2
	4	15	0.4	1.2
	5	17	0.5	1.3
	6	5	0.1	0.4
	7	1	0.0	0.1
	8	1	0.0	0.1
	9	1	0.0	0.1
	10	4	0.1	0.3
	11	1	0.0	0.1
	18	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	2226	63.6	–
		3500	100.0	100.0

**[Q36\_2] (IF Q35=YES) How many times did you visit last year: Dentist in a private dental care facility but with the visit paid by the municipality**

**Question**

*(IF Q35=YES) How many times did you visit last year: Dentist in a private dental care facility but with the visit paid by the municipality*

**Frequencies**

## 2. Variables

label	value	n	%	v. %
Has not visited	0	1184	33.8	92.1
	1	29	0.8	2.3
	2	25	0.7	1.9
	3	17	0.5	1.3
	4	16	0.5	1.2
	5	8	0.2	0.6
	6	1	0.0	0.1
	7	3	0.1	0.2
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	2215	63.3	—
		3500	100.0	100.0

### **[Q36\_3] (IF Q35=YES) How many times did you visit last year: Dentist in a private dental care facility, paying the visit from your own pocket**

#### **Question**

*(IF Q35=YES) How many times did you visit last year: Dentist in a private dental care facility, paying the visit from your own pocket*

#### **Frequencies**

label	value	n	%	v. %
Has not visited	0	472	13.5	37.3
	1	285	8.1	22.5
	2	265	7.6	20.9
	3	122	3.5	9.6
	4	49	1.4	3.9
	5	34	1.0	2.7
	6	24	0.7	1.9
	7	6	0.2	0.5
	8	2	0.1	0.2
	9	1	0.0	0.1
	10	6	0.2	0.5
	14	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	2233	63.8	—
		3500	100.0	100.0



**[Q36\_4] (IF Q35=YES) How many times did you visit last year: Other dentist (e.g. in a student health care facility)**

**Question**

*(IF Q35=YES) How many times did you visit last year: Other dentist (e.g. in a student health care facility)*

**Frequencies**

label	value	n	%	v. %
Has not visited	0	1220	34.9	95.0
	1	27	0.8	2.1
	2	12	0.3	0.9
	3	14	0.4	1.1
	4	7	0.2	0.5
	5	1	0.0	0.1
	6	1	0.0	0.1
	10	2	0.1	0.2
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	2216	63.3	–
		3500	100.0	100.0

**[Q37] Did you visit a nurse or public health nurse for an illness last year?**

**Question**

*Did you visit a nurse or public health nurse for an illness last year?*

**Frequencies**

label	value	n	%	v. %
No	1	1108	31.7	53.3
Yes	2	972	27.8	46.7
System missing (SYSMIS)	.	1420	40.6	–
		3500	100.0	100.0

**[Q38\_1] (IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in a general practice facility**

**Question**

*(IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in a general practice facility*

**Frequencies**

label	value	n	%	v. %	
Has not visited	0	520	14.9	55.6	
	1	192	5.5	20.5	
	2	120	3.4	12.8	
	3	48	1.4	5.1	
	4	25	0.7	2.7	
	5	15	0.4	1.6	
	6	7	0.2	0.7	
	7	1	0.0	0.1	
	9	1	0.0	0.1	
	10	3	0.1	0.3	
	12	1	0.0	0.1	
	14	1	0.0	0.1	
	15	2	0.1	0.2	
	Has visited, no information on how many times	99	0	0.0	0.0
	System missing (SYSMIS)	.	2564	73.3	–
		3500	100.0	100.0	

**[Q38\_2] (IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in a maternity or child health clinic**

**Question**

*(IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in a maternity or child health clinic*

**Frequencies**

label	value	n	%	v. %	
Has not visited	0	922	26.3	96.7	
	1	6	0.2	0.6	
	2	5	0.1	0.5	
	3	3	0.1	0.3	
	4	4	0.1	0.4	
	5	3	0.1	0.3	
	6	3	0.1	0.3	
	8	1	0.0	0.1	
	10	4	0.1	0.4	
	15	1	0.0	0.1	
	23	1	0.0	0.1	
	Has visited, no information on how many times	99	0	0.0	0.0

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label	value	n	%	v. %
System missing (SYSMIS)	.	2547	72.8	–
		3500	100.0	100.0

**[Q38\_3] (IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in an occupational health care facility**

**Question**

*(IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in an occupational health care facility*

**Frequencies**

label	value	n	%	v. %
Has not visited	0	590	16.9	62.0
	1	173	4.9	18.2
	2	104	3.0	10.9
	3	36	1.0	3.8
	4	21	0.6	2.2
	5	12	0.3	1.3
	6	3	0.1	0.3
	7	4	0.1	0.4
	8	2	0.1	0.2
	10	3	0.1	0.3
	11	1	0.0	0.1
	12	1	0.0	0.1
	15	2	0.1	0.2
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	2548	72.8	–
		3500	100.0	100.0

**[Q38\_4] (IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in a school or other educational institution**

**Question**

*(IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in a school or other educational institution*

**Frequencies**

## 2. Variables

label	value	n	%	v. %
Has not visited	0	852	24.3	89.2
	1	51	1.5	5.3
	2	21	0.6	2.2
	3	15	0.4	1.6
	4	4	0.1	0.4
	5	7	0.2	0.7
	6	1	0.0	0.1
	7	1	0.0	0.1
	10	1	0.0	0.1
	13	1	0.0	0.1
Has visited, no information on how many times	25	1	0.0	0.1
System missing (SYSMIS)	.	2545	72.7	–
		3500	100.0	100.0

### **[Q38\_5] (IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in an adult health care clinic**

#### **Question**

*(IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in an adult health care clinic*

#### **Frequencies**

label	value	n	%	v. %
Has not visited	0	893	25.5	93.6
	1	22	0.6	2.3
	2	15	0.4	1.6
	3	6	0.2	0.6
	4	11	0.3	1.2
	5	3	0.1	0.3
	6	1	0.0	0.1
	7	1	0.0	0.1
	10	2	0.1	0.2
	Has visited, no information on how many times	99	0	0.0
System missing (SYSMIS)	.	2546	72.7	–
		3500	100.0	100.0

**[Q38\_6] (IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in a mental health care clinic**

**Question**

*(IF Q37=YES) How many times did you visit last year: Nurse/public health nurse in a mental health care clinic*

**Frequencies**

label	value	n	%	v. %
Has not visited	0	932	26.6	97.5
	1	4	0.1	0.4
	2	3	0.1	0.3
	3	2	0.1	0.2
	5	4	0.1	0.4
	6	2	0.1	0.2
	7	1	0.0	0.1
	8	1	0.0	0.1
	9	2	0.1	0.2
	10	3	0.1	0.3
	12	1	0.0	0.1
	20	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	2544	72.7	—
		3500	100.0	100.0

**[Q38\_7] (IF Q37=YES) How many times did you visit last year: Nurse/public health nurse elsewhere (e.g. diabetes clinic)**

**Question**

*(IF Q37=YES) How many times did you visit last year: Nurse/public health nurse elsewhere (e.g. diabetes clinic)*

**Frequencies**

label	value	n	%	v. %
Has not visited	0	890	25.4	93.2
	1	24	0.7	2.5
	2	17	0.5	1.8
	3	7	0.2	0.7

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## 2. Variables

(cont. from previous page)

label	value	n	%	v. %
	4	4	0.1	0.4
	5	4	0.1	0.4
	7	1	0.0	0.1
	10	4	0.1	0.4
	12	2	0.1	0.2
	16	1	0.0	0.1
	40	1	0.0	0.1
Has visited, no information on how many times	99	0	0.0	0.0
System missing (SYSMIS)	.	2545	72.7	–
		3500	100.0	100.0

**[Q39\_1] If you used the health services provided by the city of Tampere last year, how satisfied are you with: Family doctor practice in health care centre**

### Question

*If you used the health services provided by the city of Tampere last year, how satisfied are you with: Family doctor practice in health care centre*

### Frequencies

label	value	n	%	v. %
I did not use the service last year	0	1158	33.1	55.0
Very satisfied	1	347	9.9	16.5
Fairly satisfied	2	383	10.9	18.2
Can't say	3	53	1.5	2.5
Fairly dissatisfied	4	105	3.0	5.0
Very dissatisfied	5	60	1.7	2.8
System missing (SYSMIS)	.	1394	39.8	–
		3500	100.0	100.0

**[Q39\_2] If you used the health services provided by the city of Tampere last year, how satisfied are you with: Nurse practice in health care centre**

### Question

*If you used the health services provided by the city of Tampere last year, how satisfied are you with: Nurse practice in health care centre*

### Frequencies

label	value	n	%	v. %
I did not use the service last year	0	1354	38.7	65.2
Very satisfied	1	328	9.4	15.8
Fairly satisfied	2	286	8.2	13.8
Can't say	3	55	1.6	2.6
Fairly dissatisfied	4	39	1.1	1.9
Very dissatisfied	5	14	0.4	0.7
System missing (SYSMIS)	.	1424	40.7	–
		3500	100.0	100.0

**[Q39\_3] If you used the health services provided by the city of Tampere last year, how satisfied are you with: Hatanpää emergency health care**

**Question**

*If you used the health services provided by the city of Tampere last year, how satisfied are you with: Hatanpää emergency health care*

**Frequencies**

label	value	n	%	v. %
I did not use the service last year	0	1535	43.9	73.2
Very satisfied	1	112	3.2	5.3
Fairly satisfied	2	189	5.4	9.0
Can't say	3	62	1.8	3.0
Fairly dissatisfied	4	115	3.3	5.5
Very dissatisfied	5	83	2.4	4.0
System missing (SYSMIS)	.	1404	40.1	–
		3500	100.0	100.0

**[Q39\_4] If you used the health services provided by the city of Tampere last year, how satisfied are you with: Dental care**

**Question**

*If you used the health services provided by the city of Tampere last year, how satisfied are you with: Dental care*

**Frequencies**

label	value	n	%	v. %
I did not use the service last year	0	1470	42.0	70.4

(continued on next page)

## 2. Variables

(cont. from previous page)

label	value	n	%	v. %
Very satisfied	1	231	6.6	11.1
Fairly satisfied	2	204	5.8	9.8
Can't say	3	33	0.9	1.6
Fairly dissatisfied	4	63	1.8	3.0
Very dissatisfied	5	87	2.5	4.2
System missing (SYSMIS)	.	1412	40.3	—
		3500	100.0	100.0

### **[Q39\_5] If you used the health services provided by the city of Tampere last year, how satisfied are you with: Maternity or child health clinic**

#### **Question**

*If you used the health services provided by the city of Tampere last year, how satisfied are you with: Maternity or child health clinic*

#### **Frequencies**

label	value	n	%	v. %
I did not use the service last year	0	1918	54.8	91.3
Very satisfied	1	84	2.4	4.0
Fairly satisfied	2	58	1.7	2.8
Can't say	3	36	1.0	1.7
Fairly dissatisfied	4	2	0.1	0.1
Very dissatisfied	5	2	0.1	0.1
System missing (SYSMIS)	.	1400	40.0	—
		3500	100.0	100.0

### **[Q39\_6] If you used the health services provided by the city of Tampere last year, how satisfied are you with: Student health care**

#### **Question**

*If you used the health services provided by the city of Tampere last year, how satisfied are you with: Student health care*

#### **Frequencies**



label	value	n	%	v. %
I did not use the service last year	0	1874	53.5	89.3
Very satisfied	1	82	2.3	3.9
Fairly satisfied	2	83	2.4	4.0
Can't say	3	42	1.2	2.0
Fairly dissatisfied	4	13	0.4	0.6
Very dissatisfied	5	4	0.1	0.2
System missing (SYSMIS)	.	1402	40.1	–
		3500	100.0	100.0

**[Q39\_7] If you used the health services provided by the city of Tampere last year, how satisfied are you with: Adult health care clinics**

**Question**

*If you used the health services provided by the city of Tampere last year, how satisfied are you with: Adult health care clinics*

**Frequencies**

label	value	n	%	v. %
I did not use the service last year	0	1753	50.1	90.6
Very satisfied	1	57	1.6	2.9
Fairly satisfied	2	37	1.1	1.9
Can't say	3	78	2.2	4.0
Fairly dissatisfied	4	6	0.2	0.3
Very dissatisfied	5	4	0.1	0.2
System missing (SYSMIS)	.	1565	44.7	–
		3500	100.0	100.0

**[Q39\_8] If you used the health services provided by the city of Tampere last year, how satisfied are you with: Telephone counselling (part of health care services)**

**Question**

*If you used the health services provided by the city of Tampere last year, how satisfied are you with: Telephone counselling (part of health care services)*

**Frequencies**

## 2. Variables

label	value	n	%	v. %
I did not use the service last year	0	1396	39.9	72.3
Very satisfied	1	118	3.4	6.1
Fairly satisfied	2	214	6.1	11.1
Can't say	3	97	2.8	5.0
Fairly dissatisfied	4	72	2.1	3.7
Very dissatisfied	5	35	1.0	1.8
System missing (SYSMIS)	.	1568	44.8	–
		3500	100.0	100.0

### **[Q40\_1] If you used the social services provided by the city of Tampere last year, how satisfied are you with: Child day care**

#### **Question**

*If you used the social services provided by the city of Tampere last year, how satisfied are you with: Child day care*

#### **Frequencies**

label	value	n	%	v. %
I did not use the service last year	0	1825	52.1	89.9
Very satisfied	1	92	2.6	4.5
Fairly satisfied	2	60	1.7	3.0
Can't say	3	52	1.5	2.6
Fairly dissatisfied	4	1	0.0	0.0
Very dissatisfied	5	1	0.0	0.0
System missing (SYSMIS)	.	1469	42.0	–
		3500	100.0	100.0

### **[Q40\_2] If you used the social services provided by the city of Tampere last year, how satisfied are you with: Family work, home services for families with children**

#### **Question**

*If you used the social services provided by the city of Tampere last year, how satisfied are you with: Family work, home services for families with children*

#### **Frequencies**

label	value	n	%	v. %
I did not use the service last year	0	1937	55.3	95.5
Very satisfied	1	13	0.4	0.6
Fairly satisfied	2	8	0.2	0.4
Can't say	3	64	1.8	3.2
Fairly dissatisfied	4	4	0.1	0.2
Very dissatisfied	5	2	0.1	0.1
System missing (SYSMIS)	.	1472	42.1	–
		3500	100.0	100.0

**[Q40\_3] If you used the social services provided by the city of Tampere last year, how satisfied are you with: Services for the elderly (home care services, home medical care)**

### Question

*If you used the social services provided by the city of Tampere last year, how satisfied are you with: Services for the elderly (home care services, home medical care)*

### Frequencies

label	value	n	%	v. %
I did not use the service last year	0	1858	53.1	92.5
Very satisfied	1	28	0.8	1.4
Fairly satisfied	2	32	0.9	1.6
Can't say	3	67	1.9	3.3
Fairly dissatisfied	4	15	0.4	0.7
Very dissatisfied	5	9	0.3	0.4
System missing (SYSMIS)	.	1491	42.6	–
		3500	100.0	100.0

**[Q40\_4] If you used the social services provided by the city of Tampere last year, how satisfied are you with: Social worker services at social welfare offices**

### Question

*If you used the social services provided by the city of Tampere last year, how satisfied are you with: Social worker services at social welfare offices*

### Frequencies

## 2. Variables

label	value	n	%	v. %
I did not use the service last year	0	1802	51.5	90.2
Very satisfied	1	40	1.1	2.0
Fairly satisfied	2	38	1.1	1.9
Can't say	3	68	1.9	3.4
Fairly dissatisfied	4	21	0.6	1.1
Very dissatisfied	5	28	0.8	1.4
System missing (SYSMIS)	.	1503	42.9	–
		3500	100.0	100.0

### **[Q40\_5] If you used the social services provided by the city of Tampere last year, how satisfied are you with: Social assistance (minimum income) issues**

#### **Question**

*If you used the social services provided by the city of Tampere last year, how satisfied are you with: Social assistance (minimum income) issues*

#### **Frequencies**

label	value	n	%	v. %
I did not use the service last year	0	1772	50.6	88.7
Very satisfied	1	36	1.0	1.8
Fairly satisfied	2	49	1.4	2.5
Can't say	3	65	1.9	3.3
Fairly dissatisfied	4	37	1.1	1.9
Very dissatisfied	5	39	1.1	2.0
System missing (SYSMIS)	.	1502	42.9	–
		3500	100.0	100.0

### **[Q40\_6] If you used the social services provided by the city of Tampere last year, how satisfied are you with: Services for the disabled**

#### **Question**

*If you used the social services provided by the city of Tampere last year, how satisfied are you with: Services for the disabled*

#### **Frequencies**

label	value	n	%	v. %
I did not use the service last year	0	1831	52.3	92.4

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(cont. from previous page)

label	value	n	%	v. %
Very satisfied	1	18	0.5	0.9
Fairly satisfied	2	26	0.7	1.3
Can't say	3	82	2.3	4.1
Fairly dissatisfied	4	13	0.4	0.7
Very dissatisfied	5	11	0.3	0.6
System missing (SYSMIS)	.	1519	43.4	–
		3500	100.0	100.0

**[Q40\_7] If you used the social services provided by the city of Tampere last year, how satisfied are you with: Daytime activities for the elderly (service centres, day centres, clubs)**

### Question

*If you used the social services provided by the city of Tampere last year, how satisfied are you with: Daytime activities for the elderly (service centres, day centres, clubs)*

### Frequencies

label	value	n	%	v. %
I did not use the service last year	0	1884	53.8	93.9
Very satisfied	1	16	0.5	0.8
Fairly satisfied	2	30	0.9	1.5
Can't say	3	65	1.9	3.2
Fairly dissatisfied	4	8	0.2	0.4
Very dissatisfied	5	3	0.1	0.1
System missing (SYSMIS)	.	1494	42.7	–
		3500	100.0	100.0

**[Q40\_8] If you used the social services provided by the city of Tampere last year, how satisfied are you with: Telephone counselling (part of social services)**

### Question

*If you used the social services provided by the city of Tampere last year, how satisfied are you with: Telephone counselling (part of social services)*

### Frequencies

## 2. Variables

label	value	n	%	v. %
I did not use the service last year	0	1824	52.1	91.1
Very satisfied	1	14	0.4	0.7
Fairly satisfied	2	40	1.1	2.0
Can't say	3	85	2.4	4.2
Fairly dissatisfied	4	21	0.6	1.0
Very dissatisfied	5	18	0.5	0.9
System missing (SYSMIS)	.	1498	42.8	–
		3500	100.0	100.0

### **[Q41] How well do you think the social services provided by Tampere function?**

#### **Question**

*How well do you think the social services provided by Tampere function?*

#### **Frequencies**

label	value	n	%	v. %
On the whole, the services function well	1	236	6.7	11.6
Services could be improved by small changes	2	605	17.3	29.7
Big changes are needed	3	333	9.5	16.4
The whole social and health service system should be restructured	4	83	2.4	4.1
Can't say	5	779	22.3	38.3
System missing (SYSMIS)	.	1464	41.8	–
		3500	100.0	100.0

### **[Q42\_1] In your opinion, to what extent should the city of Tampere improve: Health centre services**

#### **Question**

*In your opinion, to what extent should the city of Tampere improve: Health centre services*

#### **Frequencies**

label	value	n	%	v. %
To a large extent	1	407	11.6	20.8
To some extent	2	780	22.3	39.8
Only to a small extent	3	121	3.5	6.2

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label	value	n	%	v. %
Services are adequate as they are now	4	151	4.3	7.7
Can't say	5	500	14.3	25.5
System missing (SYSMIS)	.	1541	44.0	—
		3500	100.0	100.0

### **[Q42\_2] In your opinion, to what extent should the city of Tampere improve: Hospital services**

#### **Question**

*In your opinion, to what extent should the city of Tampere improve: Hospital services*

#### **Frequencies**

label	value	n	%	v. %
To a large extent	1	230	6.6	12.1
To some extent	2	617	17.6	32.6
Only to a small extent	3	135	3.9	7.1
Services are adequate as they are now	4	191	5.5	10.1
Can't say	5	722	20.6	38.1
System missing (SYSMIS)	.	1605	45.9	—
		3500	100.0	100.0

### **[Q42\_3] In your opinion, to what extent should the city of Tampere improve: Dental services**

#### **Question**

*In your opinion, to what extent should the city of Tampere improve: Dental services*

#### **Frequencies**

label	value	n	%	v. %
To a large extent	1	752	21.5	38.9
To some extent	2	430	12.3	22.2
Only to a small extent	3	86	2.5	4.4
Services are adequate as they are now	4	116	3.3	6.0
Can't say	5	551	15.7	28.5
System missing (SYSMIS)	.	1565	44.7	—

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## 2. Variables

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(cont. from previous page)

label	value	n	%	v. %
		3500	100.0	100.0

### **[Q42\_4] In your opinion, to what extent should the city of Tampere improve: Rehabilitation services**

#### **Question**

*In your opinion, to what extent should the city of Tampere improve: Rehabilitation services*

#### **Frequencies**

label	value	n	%	v. %
To a large extent	1	280	8.0	14.8
To some extent	2	374	10.7	19.8
Only to a small extent	3	52	1.5	2.7
Services are adequate as they are now	4	85	2.4	4.5
Can't say	5	1102	31.5	58.2
System missing (SYSMIS)	.	1607	45.9	—
		3500	100.0	100.0

### **[Q42\_5] In your opinion, to what extent should the city of Tampere improve: Services for the elderly**

#### **Question**

*In your opinion, to what extent should the city of Tampere improve: Services for the elderly*

#### **Frequencies**

label	value	n	%	v. %
To a large extent	1	582	16.6	29.6
To some extent	2	390	11.1	19.9
Only to a small extent	3	48	1.4	2.4
Services are adequate as they are now	4	44	1.3	2.2
Can't say	5	899	25.7	45.8
System missing (SYSMIS)	.	1537	43.9	—
		3500	100.0	100.0



**[Q42\_6] In your opinion, to what extent should the city of Tampere improve: Child day care**

**Question**

*In your opinion, to what extent should the city of Tampere improve: Child day care*

**Frequencies**

label	value	n	%	v. %
To a large extent	1	110	3.1	5.9
To some extent	2	306	8.7	16.5
Only to a small extent	3	116	3.3	6.3
Services are adequate as they are now	4	158	4.5	8.5
Can't say	5	1164	33.3	62.8
System missing (SYSMIS)	.	1646	47.0	–
		3500	100.0	100.0

**[Q42\_7] In your opinion, to what extent should the city of Tampere improve: Other services for families with children**

**Question**

*In your opinion, to what extent should the city of Tampere improve: Other services for families with children*

**Frequencies**

label	value	n	%	v. %
To a large extent	1	123	3.5	6.6
To some extent	2	282	8.1	15.2
Only to a small extent	3	108	3.1	5.8
Services are adequate as they are now	4	99	2.8	5.3
Can't say	5	1239	35.4	66.9
System missing (SYSMIS)	.	1649	47.1	–
		3500	100.0	100.0

**[Q42\_8] In your opinion, to what extent should the city of Tampere improve: Services for the disabled**

**Question**

*In your opinion, to what extent should the city of Tampere improve: Services for the disabled*

**Frequencies**

label	value	n	%	v. %
To a large extent	1	209	6.0	11.1
To some extent	2	266	7.6	14.2
Only to a small extent	3	64	1.8	3.4
Services are adequate as they are now	4	56	1.6	3.0
Can't say	5	1281	36.6	68.3
System missing (SYSMIS)	.	1624	46.4	–
		3500	100.0	100.0

**[Q42\_9] In your opinion, to what extent should the city of Tampere improve: Mental health care services****Question**

*In your opinion, to what extent should the city of Tampere improve: Mental health care services*

**Frequencies**

label	value	n	%	v. %
To a large extent	1	395	11.3	21.0
To some extent	2	287	8.2	15.3
Only to a small extent	3	30	0.9	1.6
Services are adequate as they are now	4	64	1.8	3.4
Can't say	5	1104	31.5	58.7
System missing (SYSMIS)	.	1620	46.3	–
		3500	100.0	100.0

**[Q42\_10] In your opinion, to what extent should the city of Tampere improve: Services for substance abusers****Question**

*In your opinion, to what extent should the city of Tampere improve: Services for substance abusers*

**Frequencies**

label	value	n	%	v. %
To a large extent	1	236	6.7	12.6

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label	value	n	%	v. %
To some extent	2	248	7.1	13.2
Only to a small extent	3	54	1.5	2.9
Services are adequate as they are now	4	82	2.3	4.4
Can't say	5	1253	35.8	66.9
System missing (SYSMIS)	.	1627	46.5	–
		3500	100.0	100.0

**[Q42\_11] In your opinion, to what extent should the city of Tampere improve: Other services, which?**

**Question**

*In your opinion, to what extent should the city of Tampere improve: Other services, which?*

**[Q43\_1] To what extent do the following cause you concern or feelings of insecurity: Your personal health**

**Question**

*To what extent do the following cause you concern or feelings of insecurity: Your personal health*

**Frequencies**

label	value	n	%	v. %
None at all	1	409	11.7	19.7
Some	2	1172	33.5	56.5
A fair amount	3	322	9.2	15.5
A lot	4	158	4.5	7.6
Can't say	5	13	0.4	0.6
System missing (SYSMIS)	.	1426	40.7	–
		3500	100.0	100.0

**[Q43\_2] How much do the following cause you concern or feelings of insecurity: Personal finances, having enough money to cope**

**Question**

*How much do the following cause you concern or feelings of insecurity: Personal finances, having enough money to cope*

**Frequencies**

label	value	n	%	v. %
None at all	1	804	23.0	39.4
Some	2	837	23.9	41.0
A fair amount	3	202	5.8	9.9
A lot	4	159	4.5	7.8
Can't say	5	39	1.1	1.9
System missing (SYSMIS)	.	1459	41.7	–
		3500	100.0	100.0

**[Q43\_3] How much do the following cause you concern or feelings of insecurity: Fear of violence****Question**

*How much do the following cause you concern or feelings of insecurity: Fear of violence*

**Frequencies**

label	value	n	%	v. %
None at all	1	1156	33.0	57.1
Some	2	674	19.3	33.3
A fair amount	3	91	2.6	4.5
A lot	4	52	1.5	2.6
Can't say	5	52	1.5	2.6
System missing (SYSMIS)	.	1475	42.1	–
		3500	100.0	100.0

**[Q43\_4] How much do the following cause you concern or feelings of insecurity: Unemployment or threat of unemployment****Question**

*How much do the following cause you concern or feelings of insecurity: Unemployment or threat of unemployment*

**Frequencies**

label	value	n	%	v. %
None at all	1	1269	36.3	63.1

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(cont. from previous page)

label	value	n	%	v. %
Some	2	445	12.7	22.1
A fair amount	3	103	2.9	5.1
A lot	4	88	2.5	4.4
Can't say	5	105	3.0	5.2
System missing (SYSMIS)	.	1490	42.6	–
		3500	100.0	100.0

**[Q43\_5] How much do the following cause you concern or feelings of insecurity: Insecure accommodation, housing conditions**

**Question**

*How much do the following cause you concern or feelings of insecurity: Insecure accommodation, housing conditions*

**Frequencies**

label	value	n	%	v. %
None at all	1	1520	43.4	74.8
Some	2	352	10.1	17.3
A fair amount	3	66	1.9	3.2
A lot	4	49	1.4	2.4
Can't say	5	45	1.3	2.2
System missing (SYSMIS)	.	1468	41.9	–
		3500	100.0	100.0

**[Q43\_6] How much do the following cause you concern or feelings of insecurity: Substance abuse by a person/persons close to you**

**Question**

*How much do the following cause you concern or feelings of insecurity: Substance abuse by a person/persons close to you*

**Frequencies**

label	value	n	%	v. %
None at all	1	1515	43.3	74.6
Some	2	345	9.9	17.0

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## 2. Variables

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(cont. from previous page)

label	value	n	%	v. %
A fair amount	3	79	2.3	3.9
A lot	4	43	1.2	2.1
Can't say	5	50	1.4	2.5
System missing (SYSMIS)	.	1468	41.9	–
		3500	100.0	100.0

### **[Q43\_7] How much do the following cause you concern or feelings of insecurity: Increased use of alcohol in general**

#### **Question**

*How much do the following cause you concern or feelings of insecurity: Increased use of alcohol in general*

#### **Frequencies**

label	value	n	%	v. %
None at all	1	693	19.8	34.1
Some	2	757	21.6	37.2
A fair amount	3	355	10.1	17.5
A lot	4	179	5.1	8.8
Can't say	5	50	1.4	2.5
System missing (SYSMIS)	.	1466	41.9	–
		3500	100.0	100.0

### **[Q43\_8] How much do the following cause you concern or feelings of insecurity: Indifference of people towards each other**

#### **Question**

*How much do the following cause you concern or feelings of insecurity: Indifference of people towards each other*

#### **Frequencies**

label	value	n	%	v. %
None at all	1	275	7.9	13.4
Some	2	847	24.2	41.2
A fair amount	3	528	15.1	25.7

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(cont. from previous page)

label	value	n	%	v. %
A lot	4	364	10.4	17.7
Can't say	5	41	1.2	2.0
System missing (SYSMIS)	.	1445	41.3	–
		3500	100.0	100.0

**[Q43\_9] How much do the following cause you concern or feelings of insecurity: Illness, health problem or disability of a person close to you**

**Question**

*How much do the following cause you concern or feelings of insecurity: Illness, health problem or disability of a person close to you*

**Frequencies**

label	value	n	%	v. %
None at all	1	585	16.7	28.7
Some	2	768	21.9	37.7
A fair amount	3	369	10.5	18.1
A lot	4	258	7.4	12.7
Can't say	5	58	1.7	2.8
System missing (SYSMIS)	.	1462	41.8	–
		3500	100.0	100.0

**[Q43\_10] How much do the following cause you concern or feelings of insecurity: Workload, stress at work**

**Question**

*How much do the following cause you concern or feelings of insecurity: Workload, stress at work*

**Frequencies**

label	value	n	%	v. %
None at all	1	804	23.0	40.2
Some	2	666	19.0	33.3
A fair amount	3	270	7.7	13.5
A lot	4	133	3.8	6.6

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## 2. Variables

(cont. from previous page)

label	value	n	%	v. %
Can't say	5	128	3.7	6.4
System missing (SYSMIS)	.	1499	42.8	–
		3500	100.0	100.0

### **[Q43\_11] How much do the following cause you concern or feelings of insecurity: Availability of health care services**

#### **Question**

*How much do the following cause you concern or feelings of insecurity: Availability of health care services*

#### **Frequencies**

label	value	n	%	v. %
None at all	1	863	24.7	42.3
Some	2	766	21.9	37.5
A fair amount	3	229	6.5	11.2
A lot	4	123	3.5	6.0
Can't say	5	60	1.7	2.9
System missing (SYSMIS)	.	1459	41.7	–
		3500	100.0	100.0

### **[Q43\_12] How much do the following cause you concern or feelings of insecurity: Availability of social services**

#### **Question**

*How much do the following cause you concern or feelings of insecurity: Availability of social services*

#### **Frequencies**

label	value	n	%	v. %
None at all	1	1051	30.0	51.7
Some	2	543	15.5	26.7
A fair amount	3	165	4.7	8.1
A lot	4	89	2.5	4.4
Can't say	5	184	5.3	9.1

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label	value	n	%	v. %
System missing (SYSMIS)	.	1468	41.9	–
		3500	100.0	100.0

**[Q43\_13] How much do the following cause you concern or feelings of insecurity: Loneliness, fear of ending up on your own**

**Question**

*How much do the following cause you concern or feelings of insecurity: Loneliness, fear of ending up on your own*

**Frequencies**

label	value	n	%	v. %
None at all	1	1179	33.7	57.6
Some	2	566	16.2	27.7
A fair amount	3	147	4.2	7.2
A lot	4	100	2.9	4.9
Can't say	5	55	1.6	2.7
System missing (SYSMIS)	.	1453	41.5	–
		3500	100.0	100.0

**[Q43\_14] How much do the following cause you concern or feelings of insecurity: Concern about how you will manage on your own**

**Question**

*How much do the following cause you concern or feelings of insecurity: Concern about how you will manage on your own*

**Frequencies**

label	value	n	%	v. %
None at all	1	1148	32.8	56.2
Some	2	583	16.7	28.5
A fair amount	3	167	4.8	8.2
A lot	4	102	2.9	5.0
Can't say	5	43	1.2	2.1
System missing (SYSMIS)	.	1457	41.6	–

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label	value	n	%	v. %
		3500	100.0	100.0

### **[Q43\_15] How much do the following cause you concern or feelings of insecurity: The future of your children or grandchildren**

#### **Question**

*How much do the following cause you concern or feelings of insecurity: The future of your children or grandchildren*

#### **Frequencies**

label	value	n	%	v. %
None at all	1	707	20.2	34.7
Some	2	735	21.0	36.0
A fair amount	3	277	7.9	13.6
A lot	4	190	5.4	9.3
Can't say	5	130	3.7	6.4
System missing (SYSMIS)	.	1461	41.7	–
		3500	100.0	100.0

### **[Q43\_16] How much do the following cause you concern or feelings of insecurity: Finding your place in society**

#### **Question**

*How much do the following cause you concern or feelings of insecurity: Finding your place in society*

#### **Frequencies**

label	value	n	%	v. %
None at all	1	1321	37.7	65.5
Some	2	398	11.4	19.7
A fair amount	3	111	3.2	5.5
A lot	4	75	2.1	3.7
Can't say	5	112	3.2	5.6
System missing (SYSMIS)	.	1483	42.4	–
		3500	100.0	100.0

**[Q43\_17] How much do the following cause you concern or feelings of insecurity: Climate change**

**Question**

*How much do the following cause you concern or feelings of insecurity: Climate change*

**Frequencies**

label	value	n	%	v. %
None at all	1	309	8.8	15.1
Some	2	741	21.2	36.2
A fair amount	3	545	15.6	26.6
A lot	4	389	11.1	19.0
Can't say	5	62	1.8	3.0
System missing (SYSMIS)	.	1454	41.5	–
		3500	100.0	100.0

**[Q43\_18] How much do the following cause you concern or feelings of insecurity: Poverty, inequality**

**Question**

*How much do the following cause you concern or feelings of insecurity: Poverty, inequality*

**Frequencies**

label	value	n	%	v. %
None at all	1	389	11.1	19.1
Some	2	780	22.3	38.2
A fair amount	3	482	13.8	23.6
A lot	4	326	9.3	16.0
Can't say	5	64	1.8	3.1
System missing (SYSMIS)	.	1459	41.7	–
		3500	100.0	100.0

**[Q43\_19] How much do the following cause you concern or feelings of insecurity: Traffic and participating in traffic**

**Question**

*How much do the following cause you concern or feelings of insecurity: Traffic and participating in traffic*

**Frequencies**

label	value	n	%	v. %
None at all	1	766	21.9	37.4
Some	2	838	23.9	40.9
A fair amount	3	299	8.5	14.6
A lot	4	120	3.4	5.9
Can't say	5	26	0.7	1.3
System missing (SYSMIS)	.	1451	41.5	–
		3500	100.0	100.0

**[Q43\_20] How much do the following cause you concern or feelings of insecurity: Something else, what?****Question**

*How much do the following cause you concern or feelings of insecurity: Something else, what?*

**[Q44] When you think of your life as a whole, are you....****Question**

*When you think of your life as a whole, are you....*

**Frequencies**

label	value	n	%	v. %
Very satisfied with it	1	480	13.7	22.9
Fairly satisfied with it	2	1407	40.2	67.0
Can't say	3	116	3.3	5.5
Fairly dissatisfied with it	4	70	2.0	3.3
Very dissatisfied with it	5	26	0.7	1.2
System missing (SYSMIS)	.	1401	40.0	–
		3500	100.0	100.0

**[Q45] How many years have you lived in your current neighbourhood?****Question**

*How many years have you lived in your current neighbourhood?*

**Descriptive statistics**

statistic	value
number of valid cases	2078
minimum	0.00
maximum	88.00
mean	13.43
standard deviation	13.85

**[Q46\_1] Thinking about your local area, how would you rate the following:  
Attractiveness**

**Question**

*Thinking about your local area, how would you rate the following: Attractiveness*

**Frequencies**

label	value	n	%	v. %
Very good	1	716	20.5	34.1
Fairly good	2	1239	35.4	59.0
Can't say	3	52	1.5	2.5
Fairly poor	4	82	2.3	3.9
Very poor	5	10	0.3	0.5
System missing (SYSMIS)	.	1401	40.0	—
		3500	100.0	100.0

**[Q46\_2] Thinking about your local area, how would you rate the following:  
Silence, lack of noise**

**Question**

*Thinking about your local area, how would you rate the following: Silence, lack of noise*

**Frequencies**

label	value	n	%	v. %
Very good	1	615	17.6	29.4
Fairly good	2	1138	32.5	54.4
Can't say	3	54	1.5	2.6
Fairly poor	4	247	7.1	11.8
Very poor	5	38	1.1	1.8
System missing (SYSMIS)	.	1408	40.2	—
		3500	100.0	100.0

**[Q46\_3] Thinking about your local area, how would you rate the following:  
Natural environment**

**Question**

*Thinking about your local area, how would you rate the following: Natural environment*

**Frequencies**

label	value	n	%	v. %
Very good	1	904	25.8	43.2
Fairly good	2	967	27.6	46.2
Can't say	3	69	2.0	3.3
Fairly poor	4	134	3.8	6.4
Very poor	5	19	0.5	0.9
System missing (SYSMIS)	.	1407	40.2	–
		3500	100.0	100.0

**[Q46\_4] Thinking about your local area, how would you rate the following:  
Availability of services**

**Question**

*Thinking about your local area, how would you rate the following: Availability of services*

**Frequencies**

label	value	n	%	v. %
Very good	1	643	18.4	30.7
Fairly good	2	1000	28.6	47.7
Can't say	3	94	2.7	4.5
Fairly poor	4	312	8.9	14.9
Very poor	5	46	1.3	2.2
System missing (SYSMIS)	.	1405	40.1	–
		3500	100.0	100.0

**[Q46\_5] Thinking about your local area, how would you rate the following:  
Parks and recreational areas**

**Question**

*Thinking about your local area, how would you rate the following: Parks and recreational areas*

**Frequencies**

label	value	n	%	v. %
Very good	1	928	26.5	44.3
Fairly good	2	969	27.7	46.2
Can't say	3	78	2.2	3.7
Fairly poor	4	109	3.1	5.2
Very poor	5	12	0.3	0.6
System missing (SYSMIS)	.	1404	40.1	–
		3500	100.0	100.0

**[Q46\_6] Thinking about your local area, how would you rate the following:  
Air quality**

**Question**

*Thinking about your local area, how would you rate the following: Air quality*

**Frequencies**

label	value	n	%	v. %
Very good	1	558	15.9	26.7
Fairly good	2	1046	29.9	50.0
Can't say	3	248	7.1	11.9
Fairly poor	4	212	6.1	10.1
Very poor	5	27	0.8	1.3
System missing (SYSMIS)	.	1409	40.3	–
		3500	100.0	100.0

**[Q46\_7] Thinking about your local area, how would you rate the following:  
Sports facilities (indoor and outdoor)**

**Question**

*Thinking about your local area, how would you rate the following: Sports facilities (indoor and outdoor)*

**Frequencies**

label	value	n	%	v. %
Very good	1	403	11.5	19.4

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## 2. Variables

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label	value	n	%	v. %
Fairly good	2	843	24.1	40.5
Can't say	3	459	13.1	22.1
Fairly poor	4	321	9.2	15.4
Very poor	5	55	1.6	2.6
System missing (SYSMIS)	.	1419	40.5	–
		3500	100.0	100.0

### **[Q46\_8] Thinking about your local area, how would you rate the following: Tranquility, peacefulness**

#### **Question**

*Thinking about your local area, how would you rate the following: Tranquility, peacefulness*

#### **Frequencies**

label	value	n	%	v. %
Very good	1	693	19.8	33.1
Fairly good	2	1151	32.9	55.0
Can't say	3	79	2.3	3.8
Fairly poor	4	145	4.1	6.9
Very poor	5	24	0.7	1.1
System missing (SYSMIS)	.	1408	40.2	–
		3500	100.0	100.0

### **[Q46\_9] Thinking about your local area, how would you rate the following: Public transport**

#### **Question**

*Thinking about your local area, how would you rate the following: Public transport*

#### **Frequencies**

label	value	n	%	v. %
Very good	1	898	25.7	42.9
Fairly good	2	929	26.5	44.4
Can't say	3	111	3.2	5.3
Fairly poor	4	129	3.7	6.2

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(cont. from previous page)

label	value	n	%	v. %
Very poor	5	27	0.8	1.3
System missing (SYSMIS)	.	1406	40.2	–
		3500	100.0	100.0

**[Q46\_10] Thinking about your local area, how would you rate the following: Accessibility (e.g. for people in wheelchairs)**

**Question**

*Thinking about your local area, how would you rate the following: Accessibility (e.g. for people in wheelchairs)*

**Frequencies**

label	value	n	%	v. %
Very good	1	504	14.4	24.6
Fairly good	2	949	27.1	46.3
Can't say	3	509	14.5	24.8
Fairly poor	4	73	2.1	3.6
Very poor	5	16	0.5	0.8
System missing (SYSMIS)	.	1449	41.4	–
		3500	100.0	100.0

**[Q46\_11] Thinking about your local area, how would you rate the following: Pedestrian and cycle lanes**

**Question**

*Thinking about your local area, how would you rate the following: Pedestrian and cycle lanes*

**Frequencies**

label	value	n	%	v. %
Very good	1	775	22.1	37.0
Fairly good	2	1085	31.0	51.8
Can't say	3	79	2.3	3.8
Fairly poor	4	128	3.7	6.1
Very poor	5	26	0.7	1.2
System missing (SYSMIS)	.	1407	40.2	–

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## 2. Variables

(cont. from previous page)

label	value	n	%	v. %
		3500	100.0	100.0

### **[Q46\_12] Thinking about your local area, how would you rate the following: Safety of the area in general**

#### **Question**

*Thinking about your local area, how would you rate the following: Safety of the area in general*

#### **Frequencies**

label	value	n	%	v. %
Very good	1	559	16.0	26.6
Fairly good	2	1291	36.9	61.5
Can't say	3	164	4.7	7.8
Fairly poor	4	78	2.2	3.7
Very poor	5	8	0.2	0.4
System missing (SYSMIS)	.	1400	40.0	—
		3500	100.0	100.0

### **[Q47] Are you afraid to walk or move about in your local area alone in the evening?**

#### **Question**

*Are you afraid to walk or move about in your local area alone in the evening?*

#### **Frequencies**

label	value	n	%	v. %
I do not usually walk or move about alone in the evening	1	499	14.3	23.6
I'm never afraid	2	1060	30.3	50.2
I'm occasionally afraid	3	475	13.6	22.5
I'm often afraid	4	19	0.5	0.9
I do not move about alone in the evening because I'm afraid	5	59	1.7	2.8
System missing (SYSMIS)	.	1388	39.7	—
		3500	100.0	100.0

**[Q48] How many times were you subjected to violence or frightening threats in your own local area last year?**

**Question**

*How many times were you subjected to violence or frightening threats in your own local area last year?*

**Frequencies**

label	value	n	%	v. %
Not at all	0	2041	58.3	96.7
Once	1	42	1.2	2.0
Twice	2	18	0.5	0.9
Three times or more	3	9	0.3	0.4
System missing (SYSMIS)	.	1390	39.7	–
		3500	100.0	100.0



# Chapter 3

## Indexes

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# **Appendix A**

## **Questionnaire in Finnish**

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KYSELYLOMAKE

Tämä kyselylomake on osa Yhteiskuntatieteelliseen tietoaarkistoon arkistoitua tutkimusaineistoa

FSD2550 Tampereen terveys- ja sosiaalikysely 2008

Kyselylomaketta hyödyntävien tulee viitata siihen asianmukaisesti lähdeviitteellä.

Lisätiedot: <http://www.fsd.uta.fi/>

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QUESTIONNAIRE

This questionnaire is part of the following dataset, archived at the Finnish Social Science Data Archive:

FSD2550 Tampere Health and Social Survey 2008

If this questionnaire is used or referred to in any publication, the source must be acknowledged by means of an appropriate bibliographic citation.

More information: <http://www.fsd.uta.fi/>

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## HYVÄ VASTAANOTTAJA

Saatte ohessa Tampereen terveys- ja sosiaalikyselyn 2008. Teidät on valittu vastaajaksi satunnaisesti kaupungin asukasrekisteristä<sup>1</sup> tehdyllä tietokonepöiminnällä. Kysely on lähetetty 3 500:lle 15 vuotta täyttäneelle tamperelaiselle.

Tutkimuksen tekee UKK-instituutti yhteistyössä Tampereen kaupungin kanssa. Vastaavanlaisia kyselyjä on tehty Tampereella jo vuodesta 1990 alkaen kolmen vuoden välein. Tutkimuksella on kaupungin hyvinvointipalvelujen tutkimuslupatoimikunnan ja UKK-instituutin eettisen toimikunnan lupa.

Kysely selvittää tamperelaisten terveydentilaa, sosiaali- ja terveyspalvelujen käyttöä, palveluja koskevia mielipiteitä sekä sosiaalista turvallisuutta. Tietoja käytetään Tampereen kaupungin sosiaali- ja terveyspalvelujen kehittämiseen sekä aikuisväestön terveydentilan ja hyvinvoinnin seurantaan. Vastauksenne on tärkeä riippumatta siitä, onko Teillä sairauksia tai oletteko tarvinnut sosiaali- ja terveyspalveluja. Kyselyyn vastaaminen on luonnollisesti vapaaehtoista. Tulosten luotettavuuden kannalta on tärkeää, että kyselyn saaneet vastaavat kysymyksiin itse.

Antamanne tiedot ovat luottamuksellisia. Yksittäistä henkilöä koskevia tietoja ei luovuteta Tampereen kaupungille eikä muille ulkopuolisille eivätkä vastaajat ole tunnistettavissa tuloksia raportoitaessa. Lomakkeet on numeroitu atk-käsittelyä varten. Nimi- ja osoitetietojanne käytetään vain tiedonkeruun ajan, jonka jälkeen ne hävitetään. Kyselyyn ei liity jatkotutkimusta eikä siihen liitetä muita Teitä koskevia tietoja. Kyselyn tulokset julkaistaan kuluvan vuoden aikana.

Toivomme teidän vastaavan kyselyyn 4.2.2008 mennessä. Kyselylomake palautetaan UKK-instituuttiin maksutta oheisessa palautuskuoressa. Kyselyn voi täyttää myös internet-osoitteessa <https://research.innolink.fi/ukk/> Siellä annatte tunnuksen: tsk ja salasanan: 2008. Sen jälkeen kirjaudutte kyselyyn lomakekoodilla, joka on oheisen kyselylomakkeen etusivun ylälaudassa oleva numerosarja.

Vastauslomakkeita säilytetään nimettöminä UKK-instituutissa kaksi vuotta. Internet-kyselyn vastaukset tallentuvat nimettöminä Innolink Research Oy:n ylläpitämälle palvelimelle, josta ne siirretään UKK-instituuttiin.

Kaikkien kyselyyn vastanneiden kesken arvotaan yksi kuntotesti palautteineen Tampereen Urheilulääkäriasemalla UKK-instituutissa.

Kyselyä koskeviin tiedusteluihin vastaa erikoistutkija Olavi Paronen UKK-instituutista, puh. (03) 2829 266.

Avustanne kiittäen

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Tampereen kaupunki

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# Tampereen terveys- ja sosiaalikysely 2008

Lukekaa koko kysymys ennen vastaamista. Vastatkaa rengastamalla kustakin kysymyksestä tilanteeseenne sopiva tai käsitystänne parhaiten vastaava vaihtoehto tai kirjoittakaa vastaus sille varattuun tilaan. Jos mikään vaihtoehto ei tunnu täysin sopivalta, valitkaa se, joka on lähinnä sopivin.

Palauttakaa kysymyslomake mahdollisimman pian UKK-instituuttiin maksutta oheisessa palautuskuoressa.

Jos kyselyyn valittu henkilö ei voi jostakin syystä vastata kyselyyn (esim. on matkoilla, muuttanut Tampereelta tai on laitoshoidossa), olkaa ystävällinen ja laittakaa rasti tähän  ruutuun ja palauttakaa lomake tyhjänä. Emme vaivaa Teitä sen jälkeen muistutuskirjeellä.



<b>ALUKSI TAUSTATIETOJA</b>
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**1. Sukupuolenne?**

- 1 mies
- 2 nainen

**2. Minkä ikäinen olette? \_\_\_\_\_ vuotta****3. Missä Tampereen kaupunginosassa asutte? \_\_\_\_\_****4. Mikä seuraavista kuvaa parhaiten nykyistä elämäntilannettanne?**

- 1 asun kotona vanhempieni kanssa
- 2 asun yksin
- 3 asun kaksin puolisoni tai avopuolisoni kanssa
- 4 asun puolisoni tai avopuolisoni ja lasten kanssa
- 5 olen yksinhuoltaja
- 6 muu tilanne

**5. Kuinka monta alle 18-vuotiasta henkilöä kuuluu kotitalouteen (itsenne mukaan lukien)?**

- 0 ei yhtään
- \_\_\_\_\_ alle 7-vuotiasta lasta
- \_\_\_\_\_ 7-17-vuotiasta

**6. Mikä on koulutuksenne?**

- 1 kansa-, keski- tai peruskoulu
- 2 ylioppilas
- 3 ammattikoulu tai ammatillinen perustutkinto
- 4 opistoasteen ammatillinen tutkinto
- 5 ammattikorkeakoulu tai alempi akateeminen tutkinto
- 6 yliopiston tai korkeakoulun ylempi akateeminen tutkinto

**7. Oletteko nykyisin...? (Rengastakaa vain yksi tilanteeseen sopivin vaihtoehto)**

- 1 kokoaikaisessa palkkatyössä
- 2 osa-aikaisessa palkkatyössä tai osa-aikaeläkkeellä
- 3 yrittäjä, ammatinharjoittaja, maatalousyrittäjä
- 4 äitiys- tai isyyslomalla, vanhempainlomalla tai hoitovapaalla
- 5 työtön tai lomautettu
- 6 pitkäaikaisella sairauslomalla
- 7 eläkkeellä
- 8 omaa kotitaloutta hoitava
- 9 päätoiminen opiskelija tai koululainen
- 10 muu, mikä? \_\_\_\_\_

8. Jos olette työtön, kauanko nykyinen työttömyytenne on yhtäjaksoisesti kestänyt?

\_\_\_\_\_ vuotta \_\_\_\_\_ kuukautta

9. Mikä on ammattinne? \_\_\_\_\_

10. Onko nykyinen työsuhteenne...?

- 1 vakituinen
- 2 yli 6 kuukauden määräaikainen
- 3 korkeintaan 6 kuukauden määräaikainen
- 4 muu tilapäinen työsuhde (esim. kausi- tai keikkaluonteinen työ)
- 5 en ole työssä tai olen itsenäinen ammatinharjoittaja tai yrittäjä

<b>KYSYMYKSIÄ TERVEYDESTÄ JA TOIMINTAKYVYSTÄ</b>
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11. Millainen on terveydentilanne nykyisin?

- 1 hyvä
- 2 melko hyvä
- 3 kohtalainen
- 4 melko huono
- 5 huono

12. Onko Teillä jokin pitkäaikainen sairaus, vika tai vamma?

- 1 ei
- 2 kyllä

13. Haittaako sairautenne tai vammanne työntekoa tai jokapäiväisiä tehtäviänne?

- 1 ei pitkäaikaissairautta, vikaa tai vammaa
- 2 ei haittaa lainkaan
- 3 haittaa jonkin verran
- 4 haittaa paljon

14. Jos vertaatte nykyistä terveydentilaanne vuoden takaiseen, onko terveytenne tai vointinne yleisesti ottaen...

- 1 tällä hetkellä paljon parempi kuin vuosi sitten
- 2 tällä hetkellä jonkin verran parempi kuin vuosi sitten
- 3 suunnilleen samanlainen
- 4 tällä hetkellä jonkin verran huonompi kuin vuosi sitten
- 5 tällä hetkellä paljon huonompi kuin vuosi sitten

**15. Onko lääkäri todennut Teillä jonkin tai joitakin seuraavista sairauksista tai vaaratekijöistä?**

	kyllä
sepelvaltimotauti .....	1
kohonnut verenpaine .....	1
kohonnut kolesteroli .....	1
ylipaino tai lihavuus .....	1
astma.....	1
pitkäaikainen keuhkoputkentulehdus, keuhkolaajentuma.....	1
nuoruusiän (tyypin 1) diabetes.....	1
aikuisiän (tyypin 2) diabetes tai kohonnut verensokeri .....	1
nivelrikko tai -kuluma alaraajoissa .....	1
nivelreuma tai muu tulehduksellinen nivelsairaus.....	1
pitkäaikaisia tai toistuvia selkävaivoja .....	1
pitkäaikaisia tai toistuvia niska-hartiavaivoja.....	1
osteoporoosi tai siihen liittyviä murtumia.....	1
masennus (depressio).....	1
muu psyykinen sairaus .....	1

**16. Onko Teillä viime aikoina ollut seuraavia oireita tai vaivoja?**

Vastatkaa jokaiseen kohtaan.

	ei lainkaan	silloin tällöin	melko usein	usein tai jatkuvasti
ylirasittuneisuus .....	1	2	3	4
alakuloisuus tai masentuneisuus .....	1	2	3	4
hermostuneisuus tai jännittyneisyys.....	1	2	3	4
voimattomuus tai väsymys.....	1	2	3	4
unettomuus.....	1	2	3	4
yksinäisyyden tunne .....	1	2	3	4
ärtyneisyys .....	1	2	3	4
huonomuistisuus .....	1	2	3	4

**17. Haittaako jokin edellä ilmoittamanne (kys.16) oire tai vaiva jokapäiväistä elämistänne?**

- 1 ei oireita tai ei haittaa lainkaan
- 2 haittaa jonkin verran
- 3 haittaa paljon, mutta en ole hakenut oireeseen apua
- 4 haittaa paljon ja olen hakenut oireeseen apua

**18. Miten hyvin pystytte nykyisin seuraaviin toimintoihin?**

Rengastakaa joka riviltä vaihtoehto, joka kuvaa parhaiten selviytymistänne.

	pystyn vaikeuksitta	jonkin verran vaikeaa	erittäin vaikeaa	en pysty
raskaan kotityön tekeminen (esim. kodin suursiivous, mattojen piiskaus).....	1	2	3	4
portaiden nouseminen levähtämättä 2-3 kerrosväliä .....	1	2	3	4
käveleminen kadulla tai tiellä 2 kilometriä levähtämättä ilman kantamuksia .....	1	2	3	4
käveleminen kadulla tai tiellä 2 kilometriä levähtämättä kantaen noin 5 kilon kassia .....	1	2	3	4
lyhyehkön matkan (noin 100 m) juokseminen.....	1	2	3	4
noin kahden kilometrin matkan juokseminen tai hölkkääminen .....	1	2	3	4
linja-autoon tai junaan nouseminen .....	1	2	3	4
polvistuminen, kumartuminen .....	1	2	3	4

**KYSYMYKSIÄ ELINTAVOISTA JA NIIDEN MUUTOKSISTA**
**19. Kuinka paljon liikutte ja rasitatte itseänne ruumiillisesti vapaa-aikana?**

Jos rasitus vaihtelee paljon eri vuodenaikoina, merkitkää se vaihtoehto, joka parhaiten kuvaa *keskimääräistä* tilannetta.

- 1 vapaa-aikanani luen, katselen televisiota ja teen askareita, joissa en paljontaan liiku ja jotka eivät rasita minua ruumiillisesti
- 2 vapaa-aikanani kävelen, pyöräilen tai liikun muulla tavalla melko kevyesti (esim. teen pihatöitä) vähintään 4 tuntia viikossa
- 3 harrastan vapaa-aikanani varsinaista kuntoliikuntaa kuten esim. juoksua, hiihtoa, uintia, pallopelejä, kuntovoimistelua vähintään 3 tuntia viikossa
- 4 harjoittelen vapaa-aikanani rasittavia urheilumuotoja kilpailumielessä säännöllisesti useita kertoja viikossa

**20. Kuinka usein harrastatte vapaa-ajan liikuntaa vähintään puoli tuntia kerrallaan niin, että ainakin lievästi hengästyte ja hikoilette?**

- 1 6 - 7 kertaa viikossa
- 2 3 - 5 kertaa viikossa
- 3 1 - 2 kertaa viikossa
- 4 muutaman kerran kuukaudessa
- 5 harvemmin tai en lainkaan
- 6 en voi vammaan tai sairauden takia harrastaa liikuntaa

**21. Kuinka monta minuuttia päivässä keskimäärin kävelette tai pyöräilette työ- tai asiointimatkoillanne?** Laskekaa yhteen meno- ja paluumatkoihin käytetty aika.

- 1 en kävele tai pyöräile päivittäin työ- tai asiointimatkoilla
- 2 alle 15 minuuttia päivässä
- 3 15 - 29 minuuttia päivässä
- 4 30 - 59 minuuttia päivässä
- 5 60 minuuttia tai enemmän päivässä

**22. Kuinka monta tuntia keskimäärin nukutte vuorokaudessa?**

Noin \_\_\_\_\_ tuntia ja \_\_\_\_\_ minuuttia

**23. Tupakoitteko nykyisin?**

- 1 päivittäin
- 2 satunnaisesti
- 3 olen lopettanut
- 4 en ole koskaan tupakoinut

**24. Kuinka usein tavallisesti käytätte alkoholia?**

- 1 päivittäin tai lähes päivittäin
- 2 2-3 kertaa viikossa
- 3 kerran viikossa
- 4 2-3 kertaa kuukaudessa
- 5 muutaman kerran vuodessa tai harvemmin
- 6 en koskaan

**25. Kuinka usein juotte alkoholia kerralla kuusi annosta tai enemmän** (alkoholiannos käsittää pullon eli 0,3 l olutta tai vastaavaa, lasin eli 12 cl viiniä tai ravintola-annoksen eli 4 cl väkevää alkoholijuomaa)

- 1 en koskaan
- 2 harvemmin kuin kerran kuukaudessa
- 3 kerran tai pari kertaa kuukaudessa
- 4 kerran viikossa
- 5 useamman kerran viikossa

**26. Kuinka usein olette syönyt tuoreita vihanneksia tai juureksia (ei perunaa), marjoja tai hedelmiä viimeksi kuluneen viikon aikana?**

- 1 en kertaakaan
- 2 1-2 päivänä
- 3 3-5 päivänä
- 4 6-7 päivänä

**27. Oletteko muuttanut tai yrittänyt muuttaa seuraavia tottumuksia terveydellisten syiden takia viimeksi kuluneen vuoden (12 kk) aikana?**

	en ole muuttanut enkä edes yrittänyt	olen muuttanut ja onnistunut	olen yrittänyt mutta en ole onnistunut	ei tarvetta muutokseen, asia ei koske minua
vähentänyt rasvan määrää .....	1	2	3	4
muuttanut rasvan laatua .....	1	2	3	4
vähentänyt suolan käyttöä .....	1	2	3	4
vähentänyt sokerin käyttöä .....	1	2	3	4
lisännyt liikuntaa .....	1	2	3	4
vähentänyt alkoholin käyttöä .....	1	2	3	4
lopettanut tupakoinnin .....	1	2	3	4
laihduuttanut .....	1	2	3	4
lisännyt kasvisten käyttöä .....	1	2	3	4

**28. Kuinka pitkä olette ja mikä on painonne?**

pituus \_\_\_\_\_ cm, paino \_\_\_\_\_ kg

**KOTIAVUN SAANTI VUONNA 2007**

**29. Saitteko viime vuoden (2007) aikana apua kodin ulkopuolelta seuraavissa asioissa?**

	kyllä	en saanut, olisin tarvinnut	en ole tarvinnut apua
talous- tai kotitöissä .....	1	2	3
lasten hoitamisessa kotona.....	1	2	3
kaupassa käymisessä tai muussa asiointissa .....	1	2	3
henkilökohtaisessa avustamisessa kotona (esim. peseytyminen, ruokailu, lääkkeiden otto).....	1	2	3
tarvitessanne kuljetusapua.....	1	2	3

**30. Keneltä tai mistä kodin ulkopuolelta saitte apua viime vuoden aikana?**

Voitte valita yhden tai useamman vaihtoehdon.

- 1 omilta perheenjäseniltä, jotka eivät asu kanssani
- 2 muilta sukulaisilta
- 3 ystäviltä, tuttavilta tai naapureilta
- 4 kunnan kotihoidolta tai perhetyöltä (ent. lapsiperheiden kotipalvelu)
- 5 seurakunnalta tai vapaaehtoistyön järjestöltä
- 6 yksityiseltä kotihoidon palveluyritykseltä
- 7 en ole saanut apua kodin ulkopuolelta

31. Onko perheessänne tai lähipiirissänne ikääntynyt, vammainen tai pitkäaikaisesti sairas, jota autatte säännöllisesti?

- 1 ei  
2 kyllä => onko hän
- 1 perheenjäsen  
2 sukulainen  
3 naapuri  
4 ystävä tai tuttava  
5 joku muu henkilö?

### SOSIAALI- JA TERVEYSPALVELUJEN KÄYTTÖ VUONNA 2007

32. Olitteko viime vuoden (2007) aikana sairaalassa vuodeosastolla hoidettavana?

- 1 en  
2 kyllä, kuinka monta päivää? \_\_\_\_\_

33. Kävittekö viime vuonna lääkärin vastaanotolla *sairauden takia*?

(Ensiapu- ja poliklinikkakäynnit lasketaan mukaan, mutta *ei hammaslääkärikäyntejä*).

- 1 en, siirry kysymykseen 35  
2 kyllä

34. Minkä lääkärin vastaanotolla kävitte viime vuonna ja montako kertaa?

kyllä

omalääkärillä terveyskeskuksessa tai omalääkärillä		
Omapihlajassa (Pihlajalinnan lääkäriasemalla) .....	1	___ kertaa
Hatanpään päivystysaseman lääkäriellä .....	1	___ kertaa
muulla terveyskeskuslääkärillä.....	1	___ kertaa
työterveyslääkärillä.....	1	___ kertaa
koulun tai oppilaitoksen lääkäriellä.....	1	___ kertaa
yksityislääkärillä.....	1	___ kertaa
TAYS:n ensiavun lääkäriellä.....	1	___ kertaa
sairaalan erikoispoliklinikan lääkäriellä (Hatanpää, TAYS).....	1	___ kertaa
muulla lääkäriellä, millä? _____ .....	1	___ kertaa

35. Kävittekö viime vuonna hammaslääkärissä?

- 1 en, siirry kysymykseen 37  
2 kyllä

36. Missä kävitte hammaslääkärin vastaanotolla viime vuonna ja montako kertaa?

kyllä

kunnallisessa hammashoitolassa .....	1	___ kertaa
kunnan maksamana yksityishammaslääkärillä .....	1	___ kertaa
itse maksavana yksityishammaslääkärillä.....	1	___ kertaa
muulla hammaslääkärillä (esim. YTHS) .....	1	___ kertaa

37. Kävittekö viime vuonna *sairauden takia* sairaanhoitajan tai terveydenhoitajan vastaanotolla?

- 1 en, siirry kysymykseen 39  
2 kyllä

38. Missä kävitte sairaanhoitajan tai terveydenhoitajan vastaanotolla viime vuonna ja montako kertaa?

kyllä

lääkäriasemalla.....	1	___ kertaa
äitiys- tai lastenneuvolassa .....	1	___ kertaa
työterveyshuollossa .....	1	___ kertaa
koulun tai oppilaitoksen terveydenhoitajalla .....	1	___ kertaa
aikuisneuvolassa .....	1	___ kertaa
mielenterveystoimistossa .....	1	___ kertaa
muualla (esim. diabetesvastaanotto) .....	1	___ kertaa

**MIELIPITEITÄ TAMPEREEN SOSIAALI- JA TERVEYSPALVELUISTA**

39. Miten tyytyväinen olette seuraaviin vuonna 2007 mahdollisesti käyttämiinne Tampereen kaupungin järjestämiin terveyspalveluihin? Vastatkaa jokaiseen kohtaan.

	en käyttänyt	hyvin tyytyväinen	melko tyytyväinen	en osaa sanoa	melko tyytymätön	hyvin tyytymätön
omalääkärin vastaanotto ..	0	1	2	3	4	5
sairaanhoitajan vastaanotto lääkäriasemalla .....	0	1	2	3	4	5
Hatanpään päivystys- aseman vastaanotto .....	0	1	2	3	4	5
hammashoito, hammas- lääkäripalvelut.....	0	1	2	3	4	5
äitiys- tai lastenneuvola ...	0	1	2	3	4	5
opiskeluterveydenhuolto ..	0	1	2	3	4	5
aikuisneuvonta.....	0	1	2	3	4	5
terveyspalvelujen puhelinneuvonta (10023) ..	0	1	2	3	4	5



**40. Miten tyytyväinen olette seuraaviin vuonna 2007 mahdollisesti käyttämiinne Tampereen kaupungin järjestämiin sosiaalipalveluihin? Vastatkaa jokaiseen kohtaan.**

	en käyttänyt	hyvin tyytyväinen	melko tyytyväinen	en osaa sanoa	melko tyytymätön	hyvin tyytymätön
lasten päivähoito .....	0	1	2	3	4	5
perhetyö, lapsiperheiden kotipalvelu .....	0	1	2	3	4	5
vanhusten kotipalvelut, tukipalvelut tai kotisairaanhoido .....	0	1	2	3	4	5
sosiaalityöntekijän vastaanotto .....	0	1	2	3	4	5
toimeentulotukiasiat .....	0	1	2	3	4	5
vammaispalvelut .....	0	1	2	3	4	5
vanhusten palvelu- ja päiväkeskukset, kortteli-kerhot.....	0	1	2	3	4	5
sosiaalipalvelujen puhelinneuvonta.....	0	1	2	3	4	5

**41. Mitä mieltä olette Tampereen kaupungin sosiaali- ja terveystalvelujen toimivuudesta? Valitkaa yksi vaihtoehdoista, joka vastaa parhaiten omia kokemuksianne tai omaa mielipidettänne.**

- 1 kokonaisuutena katsoen kaupungin sosiaali- ja terveystalvelut toimivat hyvin
- 2 sosiaali- ja terveystalveluja voisi parantaa pienin muutoksin
- 3 sosiaali- ja terveystalvelujen parantamiseksi tarvitaan perusteellisia muutoksia
- 4 koko sosiaali- ja terveystalvelujärjestelmä tulisi uudistaa
- 5 en osaa sanoa

**42. Pitäisikö Tampereen kaupungin mielestänne kehittää...**

	paljon	jonkin verran	vain vähän	nykytaso riittää	en osaa sanoa
terveyskeskuspalveluja .....	1	2	3	4	5
sairaalapalveluja .....	1	2	3	4	5
hammashoidon palveluja .....	1	2	3	4	5
kuntoutuspalveluja .....	1	2	4	4	5
vanhusten palveluja .....	1	2	3	4	5
lasten päivähoitoa .....	1	2	3	4	5
muita lapsiperheiden palveluja .....	1	2	3	4	5
vammaispalveluja .....	1	2	3	4	5
mielenterveyspalveluja .....	1	2	3	4	5
päihdehoitopalveluja .....	1	2	3	4	5
muuta, mitä?.....	1	2	3	4	5

<b>HUOLEN TAI TURVATTOMUUDEN AIHEITA ELÄMÄSSÄNNE</b>
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**43. Missä määrin seuraavat asiat aiheuttavat Teille huolta tai turvattomuuden tunnetta?**

Vastatkaa jokaiseen kohtaan.

	ei lainkaan	jonkin verran	melko paljon	hyvin paljon	en osaa sanoa
oma terveys .....	1	2	3	4	5
toimeentulo-ongelmat .....	1	2	3	4	5
väkivallan pelko.....	1	2	3	4	5
työttömyys tai sen uhka.....	1	2	3	4	5
asumisen epävarmuus, asumisolot.....	1	2	3	4	5
päihteiden käyttö lähipiirissä.....	1	2	3	4	5
yleinen alkoholin käytön lisääntyminen .....	1	2	3	4	5
ihmisten välinpitämättömyys toisistaan .....	1	2	3	4	5
läheisen ihmisen sairaus tai vamma .....	1	2	3	4	5
työssä jaksaminen, työstressi.....	1	2	3	4	5
terveyspalvelujen saanti.....	1	2	3	4	5
sosiaalipalvelujen saanti.....	1	2	3	4	5
yksinäisyys, yksin jäämisen pelko .....	1	2	3	4	5
huoli itsenäisestä selviytymisestä .....	1	2	3	4	5
lasten tai lastenlasten tulevaisuus.....	1	2	3	4	5
oman paikan löytäminen yhteiskunnassa.....	1	2	3	4	5
ilmastonmuutos .....	1	2	3	4	5
köyhyys, eriarvoisuus .....	1	2	3	4	5
liikkuminen liikenteessä .....	1	2	3	4	5
muu, mikä? _____	1	2	3	4	5

**44. Kun ajattelette nykyistä elämäännne kokonaisuutena, niin oletteko siihen...**

- 1 erittäin tyytyväinen
- 2 melko tyytyväinen
- 3 en osaa sanoa
- 4 melko tyytymätön
- 5 erittäin tyytymätön

<b>LOPUKSI OMAAN ASUINALUEESEENNE LIITTYVIÄ KYSYMYKSIÄ</b>
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45. Kuinka kauan olette asunut nykyisellä asuinalueellanne?  
\_\_\_\_\_vuotta

46. Millaisena pidätte omaa asuinalueettanne?

Vastatkaa jokaiseen kohtaan.

	erittäin hyvä	melko hyvä	en osaa sanoa	melko huono	erittäin huono
asuinalueen viihtyisyys .....	1	2	3	4	5
asuinalueen hiljaisuus, meluttomuus .....	1	2	3	4	5
asuinalueen luontoympäristö .....	1	2	3	4	5
asuinalueen palveluiden saavutettavuus .....	1	2	3	4	5
asuinalueen puisto- ja ulkoilualueet .....	1	2	3	4	5
asuinalueen ilman laatu ja puhtaus .....	1	2	3	4	5
asuinalueen liikuntapaikat (kentät, hallit)...	1	2	3	4	5
asuinalueen rauhallisuus.....	1	2	3	4	5
asuinalueen joukkoliikennepalvelut .....	1	2	3	4	5
asuinalueen esteettömyys .....	1	2	3	4	5
asuinalueen kävely- ja pyörätiet .....	1	2	3	4	5
asuinalueen yleinen turvallisuus .....	1	2	3	4	5

47. Pelkäätekö liikkua asuinalueellanne ulkona yksin iltaisin?

- 1 en yleensä liiku yksin iltaisin ulkona
- 2 en koskaan pelkää
- 3 pelkään silloin tällöin
- 4 pelkään usein
- 5 en liiku yksin iltaisin ulkona, koska pelkään

48. Jouduitteko viime vuonna (2007) väkivallan tai pelottavien uhkausten kohteeksi omalla asuinalueellanne?

- 0 en kertaakaan
- 1 kyllä, kuinka monta kertaa? \_\_\_\_\_

**KIITOS VASTAAMISESTA!**

