

KYSELYLOMAKE: FSD4020 INVEST PITKITTÄISTUTKIMUS HYVINVOINNISTA 2024

QUESTIONNAIRE: FSD4020 INVEST LONGITUDINAL STUDY ON WELLBEING 2024

TÄMÄ KYSELYLOMAKE ON OSA YLLÄ MAINITTUA YHTEISKUNTATIEEELLISEEN TIETOARKISTOON ARKISTOITUA TUTKIMUSAINESTOA.

KYSELYLOMAKETTA HYÖDYNTÄVIEN TULEE VIITATA SIIHEN ASIANMUKAISESTI LÄHDEVIIITTEELLÄ.

THIS QUESTIONNAIRE FORMS A PART OF THE ABOVE MENTIONED DATASET, ARCHIVED AT THE FINNISH SOCIAL SCIENCE DATA ARCHIVE.

IF THE QUESTIONNAIRE IS USED OR REFERRED TO IN ANY WAY, THE SOURCE MUST BE ACKNOWLEDGED BY MEANS OF AN APPROPRIATE BIBLIOGRAPHIC CITATION.

DETTA FRÅGEFORMULÄR UTGÖR EN DEL AV DEN OVANNÄMDA DATAMÄNGDEN, ARKIVERAD PÅ FINLANDS SAMHÄLLSVETENSKAPLIGA DATAARKIV.

OM FRÅGEFORMULÄRET ÄR UTNYTTJAT ELLER REFERERAT TILL MÅSTE KÄLLAN ANGES I FORM AV BIBLIOGRAFISK REFERENS.

Respondent's name

Postal address

Postal code and town/city

The INVEST research flagship centre at the University of Turku is looking for ways to improve welfare – we invite you to take part in our survey!

In the survey, we collect follow-up information about the welfare of people living in Finland and their opinions about public services and institutions. By responding, you contribute to generating up-to-date research-based data to support societal decision-making. The survey is funded by the Research Council of Finland and the University of Turku.

Complete the survey on the Internet

You can respond on a computer, a tablet or a smartphone. You will find the link, the QR code and **your personal username** in the adjacent box.

Log in to the form at:
<https://ty.fi/wellbeing>
or use the QR code

Username:



If you are unable to respond online, you **can also request a paper survey form**. For the return envelope, please call [phone number deleted] (weekdays between 12:00 noon and 2:00 p.m.) or send an e-mail to [email deleted]. Please add your name and address to the email.

The survey takes approximately 25 minutes to complete. You can start by answering some of the questions and can save and return to the form later. Please complete the survey within two weeks of receiving this letter. Responding to the survey is voluntary and you can leave questions that seem difficult unanswered.

Your responses represent numerous people living in Finland

The information you provide is relevant and improves the reliability of the survey results. A total of 16,200 Finns aged 18–80 have been randomly selected for the survey. Your responses represent thousands of other people living in Finland.

There will be a prize draw among the survey respondents, with 80 S Group and K Group gift vouchers, EUR 50 each, as the prizes.

The prize draw will take place by 10 June 2024 and the winners will be contacted personally.

We process your responses confidentially: for more information, see the reverse side of the form

We ensure the protection of your data

Your name will not be published and you cannot be identified from publications related to the survey. The study complies with the requirements of the EU's General Data Protection Regulation (EU 2016/679) and the Finnish Data Protection Act (1050/2018) as well as research ethical principles and good scientific practice. You have the right to object at any time. If you inform us that you wish to withdraw your participation, all data collected about you until then will be erased.

Grounds for the processing of personal data: Legitimate interest as referred to in the EU's General Data Protection Regulation.

Your survey responses will be complemented with register data

In order to make responding easier and to improve the scientific quality of the data, the survey data will be complemented with register data from Statistics Finland. Information about the respondent's gender, age, family and place of residence, community of residence, employment, degree, income and wealth is linked to the data collected by the survey. In the future, voting and criminal record data may also be attached to the material for research purposes. Statistics Finland combines the register data and the data collected with the survey and anonymises the data for researchers' use.

Anonymised data based solely on the survey data will be submitted, with your consent, to the Data Archive for other researchers' use. This data does not contain register data but only data collected with the survey. No one can be identified on the basis of the data that is made available for analysis. Furthermore, researchers analysing the data are committed to reporting the results so that individual respondents cannot be identified on the basis of the published results.

Privacy notice for data collection: More information about the processing of your personal data can be found here: www.ty.fi/privacyinvest

Source of contact details: Name and address: Population Information System, Digital and Population Data Services Agency, P.O. Box 123 FI-00531 HELSINKI, FINLAND: Phone number for reminder messages: Profinder

We are happy to answer any questions you might have

For more information about the project, please email: [email deleted]
or visit the project's website www.seurantatutkimus.fi

In addition, you can call [phone number deleted]. Please call on weekdays between 12 noon and 2 pm. If you call at other times, we will call you back later.

You can get more information about data protection and the rights of the data subject at: ty.fi/privacyinvest

Thank you for your co-operation!

Jani Erola, Professor, Research Director

Mikko Niemelä, Professor, Deputy Director of Research

Dear recipient,

Thank you for your interest in participating in the survey conducted by the INVEST Flagship Research Centre at the University of Turku. Before completing the survey, it is important that you understand the objectives of the survey and how it will be conducted. We kindly ask you to read the following information carefully.

Purpose of the survey

The purpose of the survey is to collect information about welfare, social relations and attitudes towards and opinions about public services. The survey helps us understand people's attitudes towards the welfare state.

How to participate in the survey

We ask you questions about your experiences, attitudes and opinions. At the end of the survey, you have the opportunity to specify your answers further and write additional comments in the open response field. You will receive further instructions on how to respond as the survey progresses.

Linking of information

In order to make responding easier and improve the scientific quality of the data, the survey data will be complemented with register data from Statistics Finland. Information about a respondent's gender, age, family and living arrangements, municipality of residence, employment, degrees and qualifications, income and wealth is linked to the data collected with the survey. In the future, voting and criminal record data may also be attached to the material for research purposes. Statistics Finland combines the register data and the data collected with the survey and anonymises the data for researchers' use.

Identification data

After the survey, all direct identification data is removed from the material and the responses are

scientifically analysed as part of thousands of other responses. The results will be published in scientific publications and presentations and cannot be directly associated with individual respondents. With your consent, your answers will be published as part of the research data in the Data Archive without any direct identification data for scientific purposes.

Data protection

The research team complies with the EU General Data Protection Regulation and a privacy notice has been prepared for the survey, which you can read by following the link below. Your answers will be treated confidentially and will only be used for scientific research purposes.

www.ty.fi/privacyinvest

Information about the survey

- Responding to the survey takes about 20–25 minutes.
- Participation is voluntary, and you can also choose not to participate.
- You can change your mind later and interrupt the survey after you have given your consent.
- There are no consequences for you if you choose not to respond.

You may ask clarifying questions from the research team before you make the decision

Consent

Below we ask you for your specific consent to participate in the survey.

Consent to participate in scientific research

I have been invited to participate in the above-mentioned survey. I have read and understood the participant information sheets and the privacy notice. Participating in this survey is voluntary. I can withdraw my participation and consent at any time without any specific reason or negative consequences. If I withdraw my consent, the data collected about me cannot be used as part of the research data. I have received sufficient information about the survey and how my personal data will be processed. I have had the opportunity to ask the researchers questions. By confirming, I agree to participate in the survey.

1. By selecting "I agree to participate in the survey", I agree to the terms and conditions described above and agree to participate in the survey.

I agree to participate in the survey.

I do not agree to participate in the survey.

Longitudinal Study on Well-being

Circle the answer that suits you best or write it in the space provided.

Section 1: Basic information

2. Are you 1 Female 2 Male 3 Other
4 Prefer not to say

3. Your date of birth _____

4. How many people live in your household on a regular basis, including yourself?

A household is usually a single person, married couple, cohabiting couple or family etc.

Adults: _____

7-17-year-olds: _____

Under 7-year-olds: _____

5. Are you currently (please select only one option)

- 1 Married / in a civil union
- 2 Cohabiting
- 3 Divorced (but still legally married or in a civil union)
- 4 Divorced after a marriage or a civil union
- 5 Widowed after a marriage or a civil union
- 6 In a relationship but not living with my spouse

- 7 Not in a relationship
- 8 I have never had a relationship
- 9 None of the above

6. What is the highest level of education you have completed?

- 1 Lower than primary school or elementary school
- 2 Primary school, elementary school or lower secondary school
- 3 Upper secondary school, matriculation examination
- 4 Vocational upper secondary school, further vocational qualification
- 5 Both matriculation examination and vocational qualification
- 6 Specialist vocational qualification
- 7 Vocational college degree or higher vocational degree
- 8 Bachelor's degree (university of applied sciences)
- 9 Bachelor's degree (university)
- 10 Master's degree (university of applied sciences)
- 11 Master's degree (university)
- 12 Licentiate's degree
- 13 Doctoral degree

Section 2: Coping and success in Finnish society

The purpose of the next section of the survey is to ask about your experiences and opinions about the current situation in Finnish society. We also ask how society should change. The questions are related, for example, to education, politics, health care and other societal themes. It is important that your responses reflect your own experiences and views. The survey will help us better understand what you value and what you expect from society.

7. How important do you think the following are for getting ahead in life in Finland? (1 = Not at all important – 7 = Very important)

a) Hard work	1	2	3	4	5	6	7
b) Family background	1	2	3	4	5	6	7
c) Natural talent	1	2	3	4	5	6	7
d) Luck	1	2	3	4	5	6	7
e) Appearance	1	2	3	4	5	6	7
f) Gender	1	2	3	4	5	6	7
g) Ethnic background	1	2	3	4	5	6	7
h) Social networks	1	2	3	4	5	6	7

Respondents are randomly assigned one of the following 8-15 questions.

8. How important do you think the following are for people to achieve a university degree in Finland? (1 = Not at all important – 7 = Very important)

a) Hard work	1	2	3	4	5	6	7
b) Family background	1	2	3	4	5	6	7
c) Natural talent	1	2	3	4	5	6	7
d) Luck	1	2	3	4	5	6	7
e) Appearance	1	2	3	4	5	6	7
f) Gender	1	2	3	4	5	6	7

g) Ethnic background	1	2	3	4	5	6	7
h) Social networks	1	2	3	4	5	6	7

9. How important do you think the following are for preventing people from completing a higher education degree in Finland? (1 = Not at all important – 7 = Very important)

a) Hard work	1	2	3	4	5	6	7
b) Family background	1	2	3	4	5	6	7
c) Lack of natural talent	1	2	3	4	5	6	7
d) Luck	1	2	3	4	5	6	7
e) Appearance	1	2	3	4	5	6	7
f) Gender	1	2	3	4	5	6	7
g) Ethnic background	1	2	3	4	5	6	7
h) Social networks	1	2	3	4	5	6	7

10. How important do you think the following are for people to become rich in Finland? (1 = Not at all important – 7 = Very important)

a) Lack of hard work	1	2	3	4	5	6	7
b) Family background	1	2	3	4	5	6	7
c) Lack of natural talent	1	2	3	4	5	6	7
d) Luck	1	2	3	4	5	6	7
e) Appearance	1	2	3	4	5	6	7
f) Gender	1	2	3	4	5	6	7
g) Ethnic background	1	2	3	4	5	6	7
h) Social networks	1	2	3	4	5	6	7

11. How important do you think the following are for people to become poor in Finland? (1 = Not at all important – 7 = Very important)

a) Lack of hard work	1	2	3	4	5	6	7
b) Family background	1	2	3	4	5	6	7
c) Lack of natural talent	1	2	3	4	5	6	7
d) Luck	1	2	3	4	5	6	7
e) Appearance	1	2	3	4	5	6	7
f) Gender	1	2	3	4	5	6	7
g) Ethnic background	1	2	3	4	5	6	7
h) Social networks	1	2	3	4	5	6	7

12. How important do you think the following are for a person being liked by other people? (1 = Not at all important – 7 = Very important)

a) Hard work	1	2	3	4	5	6	7
b) Family background	1	2	3	4	5	6	7
c) Natural talent	1	2	3	4	5	6	7
d) Luck	1	2	3	4	5	6	7
e) Appearance	1	2	3	4	5	6	7
f) Gender	1	2	3	4	5	6	7
g) Ethnic background	1	2	3	4	5	6	7
h) Social networks	1	2	3	4	5	6	7

13. How important do you think the following are for preventing a person from being liked by other people? (1 = Not at all important – 7 = Very important)

a) Lack of hard work	1	2	3	4	5	6	7
b) Family background	1	2	3	4	5	6	7
c) Lack of natural talent	1	2	3	4	5	6	7
d) Luck	1	2	3	4	5	6	7
e) Appearance	1	2	3	4	5	6	7

f) Gender	1	2	3	4	5	6	7
g) Ethnic background	1	2	3	4	5	6	7
h) Social networks	1	2	3	4	5	6	7

14. How important do you think the following are for allowing a person to achieve a responsible and respected professional position in Finland? (1 = Not at all important – 7 = Very important)

a) Hard work	1	2	3	4	5	6	7
b) Family background	1	2	3	4	5	6	7
c) Natural talent	1	2	3	4	5	6	7
d) Luck	1	2	3	4	5	6	7
e) Appearance	1	2	3	4	5	6	7
f) Gender	1	2	3	4	5	6	7
g) Ethnic background	1	2	3	4	5	6	7
h) Social networks	1	2	3	4	5	6	7

15. How important do you think the following are for avoiding long periods of unemployment? (1 = Not at all important – 7 = Very important)

a) Hard work	1	2	3	4	5	6	7
b) Family background	1	2	3	4	5	6	7
c) Natural talent	1	2	3	4	5	6	7
d) Luck	1	2	3	4	5	6	7
e) Appearance	1	2	3	4	5	6	7
f) Gender	1	2	3	4	5	6	7
g) Ethnic background	1	2	3	4	5	6	7
h) Social networks	1	2	3	4	5	6	7

16. Next, we want to know more about your ideal society. How important should the following things be for getting ahead in life in Finland? (1 = Not at all important – 7 = Very important)

a) Hard work	1	2	3	4	5	6	7
b) Family background	1	2	3	4	5	6	7
c) Natural talent	1	2	3	4	5	6	7
d) Luck	1	2	3	4	5	6	7
e) Appearance	1	2	3	4	5	6	7
f) Gender	1	2	3	4	5	6	7
g) Ethnic background	1	2	3	4	5	6	7
h) Social networks	1	2	3	4	5	6	7

Section 3: Finnish welfare system

The following questions concern your opinions about how the welfare system works in Finland.

17. First, we ask you what you think about the current situation in Finnish society. Do you agree or disagree with the following statements?

(1 = Strongly disagree, 2 = Disagree, 3 = Neither agree nor disagree, 4 = Agree, 5 = Strongly agree)

a) Everyone who wants a job can find a job.	1	2	3	4	5
b) People who are sick receive adequate health care.	1	2	3	4	5
c) The elderly have a reasonable standard of living.	1	2	3	4	5
d) The unemployed have a reasonable standard of living.	1	2	3	4	5
e) Families with children have a reasonable standard of living.	1	2	3	4	5
f) Young people and students have a reasonable standard of living.	1	2	3	4	5

g) Immigrants have a reasonable standard of living.	1	2	3	4	5
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18. The services and benefits provided by society are paid for by taxes and fees. In your opinion, do the following people or groups pay too little or too much tax? (1 = Too little, 4 = Appropriate, 7 = Too much)

a) Me	1	2	3	4	5	6	7
b) My household	1	2	3	4	5	6	7
c) All members of society	1	2	3	4	5	6	7
d) The most disadvantaged groups of people	1	2	3	4	5	6	7
e) The middle class	1	2	3	4	5	6	7
f) The working class	1	2	3	4	5	6	7
g) Wealthy people	1	2	3	4	5	6	7
h) The richest people in society	1	2	3	4	5	6	7
i) Entrepreneurs	1	2	3	4	5	6	7

19. The following questions concern the use of public funds for social security benefits and services. In your opinion should the public funds allocated to the following benefits and services be cut, kept the same or increased? (1 = Public funds should be cut substantially, 4 = Public funds should remain the same, 7 = Public funds should be increased substantially)

a) Day care for children	1	2	3	4	5	6	7
b) Basic education	1	2	3	4	5	6	7
c) General upper secondary and vocational training	1	2	3	4	5	6	7
d) Family benefits (incl. parental leave, child home care allowance, child benefit)	1	2	3	4	5	6	7
e) Continuing education	1	2	3	4	5	6	7
f) Unemployment benefit	1	2	3	4	5	6	7
g) National pension	1	2	3	4	5	6	7
h) Sickness allowance	1	2	3	4	5	6	7
i) Housing allowance	1	2	3	4	5	6	7
j) Reimbursements for medicine expenses	1	2	3	4	5	6	7
k) Social assistance	1	2	3	4	5	6	7
l) Financial aid for students	1	2	3	4	5	6	7
m) Special support for immigrants	1	2	3	4	5	6	7

20. The following statements apply to social security benefits (e.g. unemployment benefit, housing allowance, sickness allowance or national pension). How strongly do you agree or disagree with each statement? (1 = Strongly disagree, 2 = Disagree, 3 = Neither agree nor disagree, 4 = Agree, 5 = Strongly agree)

a) The majority of those who receive the benefits really need them.	1	2	3	4	5
b) The majority of those who receive the benefits are lazy and unmotivated to solve their problems.	1	2	3	4	5
c) Anyone of us can become a recipient of these benefits if our financial situation suddenly deteriorates.	1	2	3	4	5
d) People who receive these benefits should be grateful to society for the benefits they receive.	1	2	3	4	5
e) The majority of those receiving benefits have participated or will participate in funding the welfare state.	1	2	3	4	5

Section 4: Sustainability transition and future challenges

Finland's target is to be carbon neutral by 2035. Achieving carbon neutrality and mitigating other ecological crises require a rapid sustainability transition in society. The sustainability transition refers to guiding various systems in society – transport, housing, energy, industry and food production – in a limited period of time on a path of development to **phase out fossil fuels and reduce the use of natural resources to a sustainable level.**

21. In general, how important do you think the sustainability transition, i.e. the phasing out of fossil fuels and the limiting of natural resources use to a sustainable level, as a future direction for Finnish society?

(0 = Not important at all – 10 = Very important)

0 1 2 3 4 5 6 7 8 9 10

22. And on a scale of 1-7 (1 = Strongly oppose – 7 = Strongly support), to what extent do you oppose or support the sustainability transition if it:

a) grows the national economy?	1	2	3	4	5	6	7
b) Shrinks the national economy?	1	2	3	4	5	6	7
c) increases the purchasing power of your household?	1	2	3	4	5	6	7
d) reduces the purchasing power of your household?	1	2	3	4	5	6	7

23. It has been said that the sustainability transition increases jobs in certain industries, but reduces them in others, potentially leading to a loss of earnings. On a scale from 1–7 (1 = Strongly oppose – 7 = Strongly support), to what extent do you oppose or support the sustainability transition,

a) if those who lose their livelihood are guaranteed monetary compensation during the transition period?	1	2	3	4	5	6	7
b) if those who lose their livelihood receive guaranteed training opportunities?	1	2	3	4	5	6	7
c) if those who lose their livelihood receive a guaranteed new job?	1	2	3	4	5	6	7
d) if the loss of livelihood is not taken into account in any way?	1	2	3	4	5	6	7

24. In your opinion, how much responsibility do the following parties have for implementing the sustainability transition in Finland on a scale of 1–7 (1 = No responsibility at all – 7 = Very great responsibility)?

a) Parliament	1	2	3	4	5	6	7
b) Public administration (ministries and other government agencies and institutions)	1	2	3	4	5	6	7
c) European Union	1	2	3	4	5	6	7
d) Universities and research institutes	1	2	3	4	5	6	7
e) Non-governmental organisations	1	2	3	4	5	6	7
f) Labour market organisations	1	2	3	4	5	6	7
g) Companies	1	2	3	4	5	6	7
h) Citizens	1	2	3	4	5	6	7

25. Compare your current welfare with your parents' welfare when they were the same age as you are now. Would you say that your situation is...

Much worse	Somewhat worse	About the same	Somewhat better	Much better
1	2	3	4	5

26. When the children born in Finland this year are your age, do you think their welfare will be better, the same or worse than your welfare now?

Much worse	Somewhat worse	About the same	Somewhat better	Much better
1	2	3	4	5

27. To what extent do you agree or disagree with the following statement? When I think about the world today, I find it difficult to be optimistic about the future

Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
1	2	3	4	5

28. How do you see your own future in general?

(0 = Very pessimistic – 10 = Very optimistic) 0 1 2 3 4 5 6 7 8 9 10

Section 5: Political engagement

Finnish society is made up of different institutions, and citizens have different ways of participating in the development of society. Political engagement generally refers to the relationship between the citizen and social institutions. The following questions broadly concern your engagement to Finnish society and its key institutions.

29. Please rate on a scale from 1-7 (1 = Very dissatisfied – 7 = Very satisfied) how satisfied you are with

a) the functioning of democracy in Finland?	1	2	3	4	5	6	7
b) the current financial situation in Finland?	1	2	3	4	5	6	7
c) the functioning of healthcare services in Finland?	1	2	3	4	5	6	7
d) the current state of training and education in Finland?	1	2	3	4	5	6	7
e) the current Finnish Government?	1	2	3	4	5	6	7

30. How strongly do you trust the following institutions in Finland? (0 = I do not trust at all – 10 = I trust completely)

a) Parliament?	0	1	2	3	4	5	6	7	8	9	10
b) The legal system?	0	1	2	3	4	5	6	7	8	9	10
c) The police	0	1	2	3	4	5	6	7	8	9	10
d) Politicians?	0	1	2	3	4	5	6	7	8	9	10
e) Political parties?	0	1	2	3	4	5	6	7	8	9	10

31. If parliamentary elections were held tomorrow, which party would you most likely vote for?

- | | |
|------------------------------------|-----------------------------|
| 1. National Coalition Party (Kok.) | 8. Left Alliance (Vas.) |
| 2. Liike Nyt (Liik.) | 9. Green League (Vihr.) |
| 3. Finns Party (PS) | 10. Other, please specify? |
| 4. Swedish People's Party (RKP) | _____ |
| 5. Centre Party (Kesk.) | 11. I would not vote at all |
| 6. Christian Democrats (KD) | 12. I prefer not to answer |
| 7. Social Democratic Party (SDP) | |

32. In politics, people often talk about “left” and “right”. Where would you rank yourself on this scale, where 0 means left and 10 means right?

0 1 2 3 4 5 6 7 8 9 10

33. How would you assess the following?

a) How interested are you in politics?

(0 = Not at all interested - 10 = Very interested)

0 1 2 3 4 5 6 7 8 9 10

b) How much does the Finnish political system give people like you the opportunity to influence politics?

(0 = Not at all - 10 Very much)

0 1 2 3 4 5 6 7 8 9 10

c) Do you feel like you understand the most important political questions in Finland?

(0 = Not at all – 10 = Very much)

0 1 2 3 4 5 6 7 8 9 10

34. There are various ways to improve the way things are in Finland or prevent things from becoming worse. Have you done any of the following?

a) Did you vote in the 2024 presidential elections? No Yes

b) Did you vote in the parliamentary elections in 2023? No Yes

c) Have you contacted a politician or a government or local government official in the last 12 months? No Yes

d) Have you signed a petition in the last 12 months? No Yes

e) Have you participated in a public demonstration in the last 12 months? No Yes

f) Have you boycotted certain products in the last 12 months? No Yes

g) Have you written or shared anything about politics online; for example, on blogs, via email or on social media such as Facebook, Instagram or X (formerly Twitter) in the last 12 months? No Yes

35. Are you a member of any of the following organisations and how actively do you participate in their activities? 1 = I am not a member, 2 = I am a member but I do not actively participate, 3 = I am a member, and I actively participate.

a) Political party 1 2 3

b) Non-governmental organisation 1 2 3

c) Trade union 1 2 3

d) Other professional association/chamber of commerce 1 2 3

e) Religious group or church organisation 1 2 3

f) Volunteer organisation 1 2 3

g) Social club/group (clubs and groups for employees, pensioners, students, etc.) 1 2 3

h) Hobby group/club (sport, art, etc.) 1 2 3

36. In a typical week, on how many days do you use the following media platforms in order to get news about politics and current affairs?

a) TV (on any device) 0 1 2 3 4 5 6 7

b) Radio (on any device) 0 1 2 3 4 5 6 7

c) Newspaper (online or printed) 0 1 2 3 4 5 6 7

d) Evening paper (online or printed) 0 1 2 3 4 5 6 7

e) Online news sites (e.g. Yle.fi, MTVuutiset.fi, Uusi Suomi) 0 1 2 3 4 5 6 7

f) Social media platforms (Facebook, Twitter, TikTok, etc.) 0 1 2 3 4 5 6 7

37. How many minutes do you spend on average per day on the internet for leisure activities? Count all the time you spend on social media, watching videos, gaming or other entertainment on your smartphone, computer, tablet or other device.

_____ minutes

38. How many books have you read from start to finish during your free time in the last 12 months? Only consider books you have read or listened to yourself.

_____ printed or electronic books; _____ audiobooks

Section 6: Social resources

Social resources are an essential part of welfare. The following questions concern your social relationships, your trust in other people and your opportunities to get support if needed.

39. Do you think you can trust people, or do you feel like you can never be too careful about people?

(0 = I can't be too careful - 10 = Most people can be trusted)

0 1 2 3 4 5 6 7 8 9 10

40. How much do you trust people you know personally?

(0 = Not at all - 10 = Completely)

0 1 2 3 4 5 6 7 8 9 10

41. Do you trust your neighbours?

(0 = Not at all - 10 = Completely)

0 1 2 3 4 5 6 7 8 9 10

42. And can you trust people of different nationalities?

(0 = Not at all - 10 = Completely)

0 1 2 3 4 5 6 7 8 9 10

43. How many people are so close to you that you can count on them if you have great personal problems?

None

1-2

3-5

More than 5 people

1

2

3

4

44. How much interest and concern do people show in what you do?

Not at all

Little interest

Not sure

Some interest

A lot of interest

1

2

3

4

5

45. How easy is it for you to get practical help from your neighbours when needed?

Very difficult

Difficult

Possible

Easy

Very easy

1

2

3

4

5

46. How often do you feel

Hardly ever

Sometimes

Often

a) ... that you lack companionship?

1

2

3

b) ... left out?

1

2

3

c) ... isolated from others?

1

2

3

Section 7: Welfare, health and psychological resources

In the following questions, we will focus on how you experience and assess your own welfare and quality of life, based on various factors. The questions cover your personal assessment and perceived satisfaction with and meaningfulness of life in different areas.

47. Overall, how would you rate the following on a scale from 0 to 10?

a) How happy are you?

(0 = Very unhappy - 10 = Very happy)

0 1 2 3 4 5 6 7 8 9 10

b)	How satisfied are you with your life? (0 = Very dissatisfied – 10 = Very satisfied)	0	1	2	3	4	5	6	7	8	9	10
c)	How do you look? Would you say you are (0 = Not good-looking at all – 10 = Extremely good-looking)	0	1	2	3	4	5	6	7	8	9	10
d)	What is your self-esteem like? Would you say it is (0 = Very weak – 10 = Very strong)	0	1	2	3	4	5	6	7	8	9	10
e)	What is your financial situation like? (0 = Very poor – 10 = Very good)	0	1	2	3	4	5	6	7	8	9	10
f)	Do you generally feel that what you do in your life is valuable and useful? (0 = Not at all valuable or useful – 10 = Completely valuable and useful)	0	1	2	3	4	5	6	7	8	9	10
g)	How would you describe your current overall health? (0 = Very poor - 10 = Very good)	0	1	2	3	4	5	6	7	8	9	10

48. Have you seen a doctor in the last three months? 1. No 2. Yes, how many times: _____

49. How many times in the last 12 months have you visited a doctor for health reasons?	Not once	1-3 times	4-6 times	7-9 times	10 or more
a) At a health centre (excluding dental care)	1	2	3	4	5
b) At a private clinic	1	2	3	4	5
c) In occupational health	1	2	3	4	5
d) At an outpatient clinic in a hospital	1	2	3	4	5
e) In public dental care	1	2	3	4	5
f) In private dental care (also with a service voucher)	1	2	3	4	5

50. To what extent have you had health problems that have restricted your daily activities in the last 12 months? I have...

1. have had health problems that severely restrict my daily activities
2. have had health problems that restrict my daily activities somewhat but not severely
3. have had no health problems that would restrict my daily activities (**go to question 52.**)

51. For how long have your health problems restricted your daily activities?

- | | | |
|-----------------------|---------------|---------------------|
| 1. Less than 6 months | 3. 1-5 years | 5. 10 years or more |
| 2. 6-12 months | 4. 5-10 years | 6. Since childhood |

52. What is your height and weight? Height (cm): _____ Weight (kg): _____

53. How often do you experience the following? (1 = Never – 7 = Very often)

a) Do you feel like your life is mentally stressful?	1	2	3	4	5	6	7
b) Do you experience challenges with coping in your daily life?	1	2	3	4	5	6	7

The following questions concern your psychological resources and ways of facing and overcoming different challenges in life.

54. Please read the following statements and indicate how strongly you agree or disagree with each statement.	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
a) If I work hard, I will succeed.	1	2	3	4	5
b) I'm my own boss.	1	2	3	4	5
c) What I do is mainly determined by others.	1	2	3	4	5

d) Fate often gets in the way of my plans. 1 2 3 4 5

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
55. How well do the following statements describe you?					
a) I am often reserved	1	2	3	4	5
b) I usually trust others	1	2	3	4	5
c) I work carefully and precisely	1	2	3	4	5
d) I am relaxed and tolerate stress well	1	2	3	4	5
e) I have an active imagination	1	2	3	4	5
f) I am outgoing and social	1	2	3	4	5
g) I often look for faults in others	1	2	3	4	5
h) I am often lazy	1	2	3	4	5
i) I get upset easily	1	2	3	4	5
j) I have little interest in art	1	2	3	4	5

56. On a scale of 0-10, how would you describe the following

a) Are you generally willing to take risks or do you try to avoid risks? (0 = I am not at all willing to take risks - 10 = I am very willing to take risks)	0	1	2	3	4	5	6	7	8	9	10
b) Regardless of whether you affiliate yourself with a particular religion, how religious would you say you are? (0 = Not at all religious – 10 = Very religious)	0	1	2	3	4	5	6	7	8	9	10

Section 8: Employment and financial situation

The following questions concern working and the factors related to work.

57. How satisfied are you with your work situation? 0 1 2 3 4 5 6 7 8 9 10
(0 = Very dissatisfied – 10 = Very satisfied)

58. Which of the following best describes your situation (over the past seven days)? Choose only one option.

- | | |
|--|---|
| 1. Employed (or temporarily laid-off) | 7. Retired |
| 2. Self-employed or entrepreneur | 8. In military or civilian service |
| 3. Student | 9. On parental or child home care leave |
| 4. Unemployed, actively looking for work | 10. Stay-at-home mother or father, family caregiver, etc. (taking care of children or other people at home) |
| 5. Unemployed, not looking for work | 11. Other |
| 6. Permanently ill or incapable for work | |

59. What is/was your main job title? (Please answer according to your previous job if you are not currently/no longer working) _____

60. In your main job, do/did you have subordinates or were you responsible for managing the work of others, i.e. are/were you a supervisor? (please answer according to your previous job if you are not currently/no longer working)

1. Yes, how many subordinates? _____ 2. No

61. What are/were your regular weekly working hours in your main job, excluding paid and unpaid overtime? (Please answer according to your last job if you are not currently/no longer working)
_____ hours/week

62. Is/was your main job a fixed-term employment relationship? (Please answer according to your last job if you are not currently/no longer working) 1. Yes 2. No

63. Is your main employer a government, municipality, state-owned enterprise, the private sector or other? (Please answer according to your previous job if you are not currently/no longer working)

1. Government 2. Municipality 3. State-owned enterprise 4. Private sector 5. Other

→ If not currently in employment, moved to the question 72.

	Never	Rarely	Occasionally	Frequently	Daily
How often in your current main job:					
64. Do you work overtime?	1	2	3	4	5
65. Are your working hours flexible?	1	2	3	4	5
66. Do you work remotely?	1	2	3	4	5

67. How long is your commute to your main job? (from home to work using your most common means of transport)
_____ minutes

68. Would you be interested in working part-time in your current main job if your employer offered you this opportunity?

No	Maybe	Probably	Very likely
1	2	3	4

69. Do you find your current main job mentally stressful?
(1 = Not at all – 7 = Extremely stressful)

1 2 3 4 5 6 7

70. How likely are you to lose your main job in the next 12 months?

Very unlikely	Unlikely	Not sure	Likely	Very likely
1	2	3	4	5

71. If you were to become unemployed, how likely would it be for you to find a job equivalent to your current main job within 12 months?

Very unlikely	Unlikely	Not sure	Likely	Very likely
1	2	3	4	5

The following questions will focus on your financial situation. Financial situation is an essential part of welfare. We also want to understand how different financial factors affect your everyday life and future plans.

	Very unlikely	Unlikely	Fairly unlikely	Fairly easily	Easily	Very easily
72. Taking all the income in your household into account, is it sufficient to cover your usual expenses?	1	2	3	4	5	6

73. Are you concerned about your financial situation in the future? (1= Not at all – 7 = Very concerned)

1 2 3 4 5 6 7

74. How high is your household's net income in TOTAL per month, taking into account your household's total income? Net household income means all income after taxes. This may include salary, income from self-

employment, sales gains and social benefits such as pensions, child benefit, unemployment and sickness benefits. If you do not know the exact amount, please give an estimate.

Estimated total in euros per month: _____

75. How much do you estimate your household's total assets to be, taking into account the following types of assets and their estimated total value (do not take into account any liabilities in calculating the assets)?

If you do not know the exact amount, please give an estimate.

a) **Housing assets, including the main dwelling and other properties:**

Value of your housing assets in EUR _____

b) **Other assets, including cash deposits, means of transport, forests and fields, shares, investment funds and other financial assets:**

Your other assets in EUR _____

76. How much debt do you estimate your household has (housing loan and other debts)?

If you do not know the exact amount, please give an estimate.

a) Total housing loans, EUR: _____ b) Total other debts, EUR: _____

Section 9: Home, housing and family

With the last section of the survey, we want to get an overview of your family life and living conditions. Our aim is to understand how these factors affect your welfare and the smoothness of your everyday life.

77. How satisfied are you with your family situation?

(0 = Very dissatisfied – 10 = Very satisfied)

0 1 2 3 4 5 6 7 8 9 10

78. Do you have children? 1. Yes 2. No

79. a) In your opinion, what is the ideal number of children in a family in general? _____

b) What is or would have been **your** ideal number of children? _____

→Next question:

Show if respondent is female and born before 1978

Show if respondent is male and born before 1968

80. Are you planning to have a child or more children in the next three years?	Definitely not	Probably not	Not sure	Probably yes	Definitely yes	I am/my partner is currently pregnant
		1	2	3	4	5

81. If you do not have a child within the next three years, will you try to have a child or children at all later?	Definitely not	Probably not	Not sure	Probably yes	Definitely yes
		1	2	3	4

82. Some people are unable to have a baby for physiological reasons. Is it physiologically possible for you to have a baby as far as you know?

Definitely not	Probably not	Not sure	Probably yes	Definitely yes
1	2	3	4	5

83. Is it physiologically possible for your current partner to have a baby, as far as you know?

Definitely not	Probably not	Not sure	Probably yes	Definitely yes	I don't have a partner
1	2	3	4	5	6

84. Not all children live with both parents in the same household due to, for example, a divorce. Next, we will ask you about the housing arrangements for the children in your household.

Do you or any other adults in your household have children under the age of 18 with one parent not living in the same household?

1. Yes
2. No (go to question 87.)
3. The child/children does/do not have another parent (go to question 87.)

85. How many children in total?

Your children: _____ ; The children of other adults in the household (e.g. spouse's children): _____

86. How many nights per month does/do the child/children typically spend in your household? Start from the youngest child to the oldest, also mention the child's age and your relationship with the child:

	How old is the child?	Parenting relationship		How many nights per month (0-30)?
		Own child	Child of a household member	
Child 1.		<input type="radio"/>	<input type="radio"/>	
Child 2.		<input type="radio"/>	<input type="radio"/>	
Child 3.		<input type="radio"/>	<input type="radio"/>	
Child 4.		<input type="radio"/>	<input type="radio"/>	
Child 5.		<input type="radio"/>	<input type="radio"/>	
Child 6.		<input type="radio"/>	<input type="radio"/>	
Child 7.		<input type="radio"/>	<input type="radio"/>	
Child 8.		<input type="radio"/>	<input type="radio"/>	

The last questions are about your home, your neighbourhood and your housing preferences.

87. How satisfied are you with your housing situation?

(0 = Not at all – 10 = Very satisfied)

0 1 2 3 4 5 6 7 8 9 10

88. What is your area of residence?

Postal code: _____

89. Who owns the home where you mainly live at the moment?

- | | | |
|--------------------------------------|-------------------------|--|
| 1. I own it myself | 3. My partner owns it | 6. An apartment rental company |
| 2. I own it together with my partner | 4. My relative owns it | 7. The city or the city's rental company |
| | 5. A non-profit company | |

- 8. My company
- 9. Private proprietor
- 10. Right-of-residence apartment

11. Other: _____

12. I do not currently have a permanent residence

90. In which year did you move into your current main residence? _____

91. Do you pay rent for living in your apartment? 1. Yes 2. No

92. How much does your household spend on regular living expenses in total per month? (Include all regular expenses for the current main residence, incl. rent, loan repayment, maintenance charge, charge for financial costs, plot rent, electricity, water, heating, waste and car parking fees.)

- If you have a partner in your household, please report the amount you pay in total
- If you receive housing allowance, do not deduct this from the rent

Euros / month: _____

93. Which of the following factors made you move into your current home? (Multiple answers possible)

- | | | |
|--|---|--|
| 1. I have not moved or have only moved with my parents | 7. My relationship ended | 14. I wanted to get closer to health services |
| 2. I moved to Finland | 8. I moved closer to my family or friends | 15. I wanted to be closer to other services, please specify? _____ |
| 3. I moved into my own apartment | 9. I moved closer to other people | 16. None of the above, but some other reasons, please specify? _____ |
| 4. Reasons related to studying | 10. My previous apartment was not suitable for me | |
| 5. Reasons related to work or job-seeking | 11. My lease expired | |
| 6. I moved together with my partner | 12. I retired | |
| | 13. I wanted to get closer to nature | |

94. Which type of housing best describes your apartment or building?

- | | | | | |
|-------------------|-------------------|------------------------|------------------------|----------|
| 1. Block of flats | 2. Terraced house | 3. Semi-detached house | 4. Single family house | 5. Other |
|-------------------|-------------------|------------------------|------------------------|----------|

95. Have you had to make significant adjustments to your housing requirements?

	Not at all							Very many
	1	2	3	4	5	6	7	
a) In terms of the form of housing (ownership, rent, etc.)	1	2	3	4	5	6	7	
b) In terms of the type of house	1	2	3	4	5	6	7	
c) In terms of the neighbourhood	1	2	3	4	5	6	7	
d) In terms of the city of residence	1	2	3	4	5	6	7	

96. How safe do you feel when walking alone in your neighbourhood late in the evening on weekends?

Safe	Fairly safe	Fairly unsafe	Unsafe	I do not dare to go outside at that time	I do not go outside at that time for another reason
1	2	3	4	5	6

97. Would you like to move in the next two years?

Very likely yes	Probably yes, maybe	I would not want to, but I have to	I do not want to	I do not know
1	2	3	4	5

Section 10: Open opinion and ending the survey

Thank you for your time and valuable input! Do you have anything else you would like to add or share about the survey? We value all thoughts, experiences, feedback and suggestions.

You can give your answer here:

98. Do you give permission to archive your responses and make them accessible to other researchers via the Data Archive without direct identifying information?

Yes No

Do you want to participate in the follow-up survey?

Participation in the follow-up survey will require answering several of the same questions and a few additional questions. The survey will be conducted during 2025.

We understand that your time is valuable and we assure you that all information provided will be treated in the strictest confidence and used for research purposes only. Your participation not only increases knowledge, but also helps put the results into practice in the development of Finnish society.

99. Do you want to participate in the follow-up survey and do you give the research team permission to keep your contact details until then?

Yes No

100. Would you like to participate in the prize draw by leaving your contact details?

Yes No

Add your contact details for further research and/or prize draw

Phone number: _____

E-mail address: _____

Thank you for your answers!
Please return the questionnaire in the pre-paid envelope that came with the questionnaire.